



2026 Fall Adult Program & Events Guide



LEARN TO PLAY - ADULT BEGINNER COURSE

Mondays (6:30-7:30 pm) at Essex

Thursdays (6:30-7:30pm) at Eastwood

***New Class* Saturdays (9-10am) at Essex**

Our Learn to Play program is designed for beginners or players who need a refresher of the basic skills. This class is offered in 4 week sessions. Players will learn all the basic skills including serve and overheads in an active 60-minute group lesson. EDGE Pros will help you learn basic tactics, rules and scoring. Fall registration opens August 24th through the EDGE app or by calling the front desk. Space is limited, so please register early. Demo racquets are available for use. Age 17+. Minimum of 3 players enrolled is required to run a session.

Fall Session 1 – September 12th – October 8th, 2026

Fall Session 2 – October 10th – November 5th, 2026

Fall Session 3 – November 7th – December 10th, 2026 (skips 11/23 and 11/26)



4 Week Session Fees: \$75 members and \$95 nonmembers.

ADULT RISING PLAYER (4 WEEK COURSE)

Adv. beginner/low intermediate (2.0-2.5)

Held on Wednesdays 630-730pm @ Essex and Mondays 6-7pm @ Eastwood

***New Class – Saturday 2:30-3:30 pm at Eastwood starting in October 2026**

This 4 week course is designed for players who have completed Learn to Play and are rising to the next level or have some basic skills but are looking to improve. This 4 week course will work on more advanced techniques including the use of spin on all strokes and work on point play tactics in a fun active 60 minute class. Fall registration opens August 24th, 2026 through the EDGE app or by calling the front desk. Minimum of 3 participants to run the course.



Fall Session 1 – September 14th – October 7th, 2026

Fall Session 2 – October 12th – November 4th, 2026

Fall Session 3 – November 9th – December 9th, 2026 (skips 11/23 and 11/26)

4 Week Session Fees: \$85 members and \$105 nonmembers.

ACTIVE AGING CLINICS & SOCIAL PLAY

Fall session starts September 7th, 2026

Senior Instruction. Sign up weekly for a clinic designed for age 60+ players looking to improve their tennis skills in a fun active 90 minute lesson taught by EDGE Pros.

Minimum 3 max 8 per week. Fees: \$15 members / \$20 nonmembers.

Tuesdays 10am-11:30am @ Essex – sign up weekly.

Senior Social Doubles @ Essex– A great way to meet players and join in some social doubles play. Thursdays from 11am-12:30pm. Free for EDGE members and \$10 plus tax for guests.



SUPER LEAGUE

Thursdays (6:00-7:30pm) at Essex Indoor Courts

A super fun, supervised drill & play league hosted by Bree Cotroneo. Each week will consist of live ball hitting drills, serve work, and doubles instruction for 40 minutes followed by 45 minutes of SUPERvised competitive doubles play. If you are looking for a more competitive tennis experience, learning/practicing advanced doubles tactics, all while having a super fun time, this program is for you. Players must have prior experience playing tennis or have attended an Adult Rising course.

Suggested Level is Low Intermediate, ratings of 2.5+ to 3.0. Register through the EDGE App or the front desk.

Fall Session 1 – September 10th – October 8th, 2026

Fall Session 2 – October 15th – November 12th, 2026

Fall Session 3 – November 19th – December 17th, 2026 (4 weeks only)

Fees: \$100 members and \$125 nonmembers for 5 week session. Min 4, Max 12 per session



ADULT DOUBLES LEAGUES @ ESSEX – 2026 Fall Leagues (September – December)

The Edge will run in-house doubles leagues this Fall starting the week of **September 8th – December 21st, 2026.**

Compete in a 12-14 week season against other teams at your level. These leagues are run online through topdogtennis. Fees include guaranteed court time and a new can of balls for each match.

Registration is open via TopDog starting August 24th – August 31st. Register on TopDog. If do not have a TopDog account, have never played in EDGE leagues, or are looking for a partner, email Tammy Azur at tammya@edgevt.com. Space is limited so please register early.

Monday (Mens' combined rating 8.0-9.5) @ 7:30-9:00pm (space limited to 11 teams)

Tuesday (Womens' combined rating 7.0-8.0) @ 6:30-8pm (space limited to 7 teams)

Wednesday (Womens' combined rating 6.0-7.0) @ 6:30-8pm (space limited to 9 teams)

Thursday (Mens' combined rating of 7.0-8.0) @ 7:30-9pm (space limited to 9 teams)

Sunday (Co-ed Doubles 3.0-3.5) 3:30-5pm (space limited to 7 teams players)



Email Tammy Azur at tammya@edgevt.com, if you are interested in league play this winter.

Registration ends August 31st or if a league is at max capacity. Season fees are \$115 members and \$240 nonmembers plus tax.

Register directly through Top Dog, theedge.topdoglive.com. Please pay the first week of the league season through the front desk. You may also call in your payment after your league has been scheduled and your team has been confirmed by Tammy.



DROP-IN DRILLS – 60 & 90 Minute clinics available

Our Drop-in Drills classes feature active drills and games taught by EDGE pros at our Eastwood location. Classes may specify an ability level, so please pick a class that is right for you. Registration is available by calling or stopping by the front desk or you may register through our EDGE App. Registration opens 72 hours in advance of the class time. Minimum of 3 participants to run the class.

Eastwood Drive Location - ages 15+

Monday - 12:00-1:00pm, level 3.5 & above

Tuesday - 12:00-1:00pm (3.5), 7:30-9pm, level 3.5 & up

Wednesday, Thursday & Friday - 12-1pm level 3.5 & up

Wednesday 6-7pm, level 2.5-3.0

Thursday- 10-11am level 2.0-3.0 & 6-7pm, level 2.5-3.0

Saturday - 3:30-5pm, level 3.5 & above

Fees:

1 class: 60 minute \$20m/\$25nm

90 minute \$28m/\$33nm

10 pack: 60 minute \$200m/\$250nm

90 minute \$280m/\$330nm

