EASTWOOD POOL SCHEDULE OCTOBER 2025



MON	TUE	WED	THU	FRI	SAT	SUN
Aqua Fit 9-10am	Masters 5:45-8am (L2-L7)	Aqua Fit 9-10am	Masters 5:45-8am (L2-L7)	Swim Team 6-7:30am (L3-L7)	Masters 7-8:15am (L2-L7) Swim Team	Swim Lessons 8:45-10am (L8) 9am-3pm (L5)
(L4-L8)	11am-12pm (L2-L7)	(L4-L8)	11am-12pm (L2-L7)	Aqua Fit 9-10am (L4-L8)	8:15-10am (L3-L7) No practice 10/11	*Private lessons are subject to change; this schedule may vary each week*
Swim Team 4:30-7:15pm (L1-L8)	Swim Team 4:30-7:15pm (L1-L8)	Swim Team 4:30-7:15pm (L1-L8)	Swim Team 4:30-7:15pm (L1-L8)	Swim Team 4:30-7:15pm (L1-L8)	Swim Lessons 10:30am-12:30pm (L2) Cardio Surge 10:30-11:30am (L4-L8)	Group Lessons 10am-1pm (L6-L8)

Subject to Change

The aquatic center closes 30 minutes prior to the club.

