

# EASTWOOD POOL SCHEDULE

## NOVEMBER 2025



MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>Aqua Fit</b> 9-10am (L4-L8)</p> <p><b>Swim Team</b> 4:30-7:15pm (L1-L8)</p>	<p><b>Masters</b> 5:45-8am (L2-L7) 11am-12pm (L2-L7)</p> <p><b>Swim Team</b> 4:30-7:15pm (L1-L8)</p>	<p><b>Aqua Fit</b> 9-10am (L4-L8)</p> <p><b>Swim Lessons</b> 3:15-4pm (L7-L8) <i>No lessons 11/26</i></p> <p><b>Swim Team</b> 4:30-7:15pm (L1-L8)</p>	<p><b>Masters</b> 5:45-8am (L2-L7) 11am-12pm (L2-L7)</p> <p><b>Swim Team</b> 4:30-7:15pm (L1-L8)</p>	<p><b>Swim Team</b> 6-7:30am (L3-L7)</p> <p><b>Aqua Fit</b> 9-10am (L4-L8)</p> <p><b>Swim Team</b> 4:30-7:15pm (L1-L8) <i>No practice 11/7</i></p>	<p><b>Masters</b> 7-8:15am (L2-L7)</p> <p><b>Swim Team</b> 8:15-10am (L3-L7) <i>No practice 11/8 &amp; 11/22</i></p> <p><b>Swim Lessons</b> 10:30am-12:30pm (L2)</p> <p><b>Cardio Surge</b> 10:30-11:30am (L4-L8)</p>	<p><b>Swim Lessons</b> 8:45-10am (L8) 9am-3pm (L5) <i>*Private lessons are subject to change; this schedule may vary each week*</i></p> <p><b>Group Lessons</b> 9:30am-1pm (L6-L8)</p>

**\*Subject to Change\***

The aquatic center closes 30 minutes prior to the club.