

EASTWOOD POOL SCHEDULE AUGUST 2025



MON	TUE	WED	THU	FRI	SAT	SUN
Swim Team 4:15-5:15pm (L7-L8) <i>No practice 8/4</i> Swim Team 5:15-7:15pm (L1-L8)	Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7) Aqua Fit 9-10am (L6-L8) <i>8/5 & 8/12 only</i> Swim Team 4:15-5:15pm (L7-L8) <i>No practice 8/5</i> Swim Team 5:15-7:15pm (L1-L8)	Aqua Fit Cardio 9-10am (L4-L8) K&F Swim Lessons 10:30am-12pm (L7-L8) <i>Lessons end 8/13</i> South Burlington Parks & Rec Event 12pm-3pm (L6-L8) <i>8/6 only</i> Swim Team 4:15-5:15pm (L7-L8) <i>No practice 8/6</i> Swim Team 5:15-7:15pm (L1-L8)	Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7) K&F Swim Lessons 9:30-11am (L7-L8) <i>Lessons end 8/14</i> Swim Team 4:15-5:15pm (L7-L8) <i>No practice 8/7</i> Swim Team 5:15-7:15pm (L1-L8)	Aqua Fit 9-10am (L4-L8) K&F Event 3:30-4:30pm (L6-L8) <i>8/15 only</i> Swim Team 5:15-7:15pm (L1-L8)	Masters 7-8:15am (L2-L7) Swim Team 8:15-10am (L3-L7) <i>Starts 8/23</i> Swim Lessons 10am-2:30pm (L2) Cardio Surge 10:30-11:30am (L4-L8) Swim Team 12:30-4pm (L2) <i>8/16 only</i>	Group Lessons 10am-1pm (L6-L8) <i>No lessons 8/31</i> Swim Lessons 10am-1pm (L5) <i>**Private lessons sometimes held before and after group lessons in lane 8**</i>

****5:15-7:15pm Swim Team Practices Start 8/18****

Subject to Change

The aquatic center closes 30 minutes prior to the club.