EASTWOOD POOL SCHEDULE

MAY 2025



MON	TUE	WED	THU	FRI	SAT	SUN
Swim Team 4:30-7:15pm (L1-L8)	Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7) Aqua Fit Cardio 9-10am (L4-L8) Swim Team 4:30-7:15pm (L1-L8)	Aqua Fit Strength 9-10am (L4-L8) Swim Team 4:30-7:15pm (L1-L8)	Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7) Swim Team 4:30-7:15pm (L1-L8)	Swim Team 6-7:30am (L3-L7) Aqua Fit Cardio 9-10am (L4-L8) Swim Team 4:30-7:15pm (L1-L8)	7-8:15am (L2-L7) Swim Team 8:15-10am (L3-L7) Swim Lessons 9:30-10am (L1-2) & 10am-12:30pm (L2-3) Cardio Surge 10:30-11:30am (L4-L8)	Group Lessons 10am-1pm (L6-L8) Swim Lessons 10am-1pm (L5) **Private lessons sometimes held before and after group lessons in lane 8**

