

# EASTWOOD POOL SCHEDULE APRIL 2025



**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**SUN**

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Masters**  
5:45-8am  
(L2-L7)  
11am-12pm  
(L2-L7)

**Aqua Fit Cardio**  
9-10am  
(L4-L8)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Aqua Fit Strength**  
9-10am  
(L4-L8)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Masters**  
5:45-8am  
(L2-L7)  
11am-12pm  
(L2-L7)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Swim Team**  
6-7:30am  
(L3-L7)

**Aqua Fit Strength**  
9-10am  
(L4-L8)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Masters**  
7-8:15am  
(L2-L7)

**Swim Team**  
8:15-10am  
(L3-L7)

**Swim Lessons**  
9:30-10am  
(L1-2)  
&  
10am-12:30pm  
(L2-3)

**Cardio Surge**  
10:30-11:30am  
(L4-L8)

**Group Lessons**  
10am-1pm  
(L6-L8)

**Swim Lessons**  
10am-1pm  
(L5)

*\*\*Private lessons  
sometimes held  
before and after  
group lessons in  
lane 8\*\**

**\*Subject to Change\***

The aquatic center closes 30 minutes prior to the club.

**THE EDGE**