

EASTWOOD POOL SCHEDULE JANUARY 2025



MON	TUE	WED	THU	FRI	SAT	SUN
<p>Aqua Fit Cardio 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p>	<p>Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p>	<p>Aqua Fit Strength 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8) <i>No practice 1/1</i></p>	<p>Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p>	<p>Swim Team 6-7:30am (L3-L7)</p> <p>Aqua Fit Strength 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8) <i>No practice 1/17</i></p>	<p>Masters 7-8:15am (L2-L7)</p> <p>Swim Team 8:15-10am (L3-L7) <i>No practice 1/18</i></p> <p>Swim Lessons 9:30am-1pm (L2)</p> <p>Cardio Surge 10:30-11:30am (L4-L8)</p>	<p>Group Lessons 10am-1pm (L6-L8)</p> <p><i>**Private lessons are sometimes held before and after group lessons in lane 8**</i></p>

Subject to Change The aquatic center closes 30 minutes prior to the club.

**The pool will be open from 9am to 4:30pm on
Wednesday, Jan 1st.**



THE EDGE

