

EASTWOOD POOL SCHEDULE DECEMBER 2024



| MON | TUE | WED | THU | FRI | SAT | SUN |
|--|--|--|--|---|---|--|
| <p>Aqua Fit Cardio 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p> | <p>Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7) <i>No practice 12/24</i></p> <p>Swim Team 4:30-7:15pm (L1-L8) <i>No practice 12/24</i></p> | <p>Aqua Fit Strength 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p> | <p>Masters 5:45-8am (L2-L7) 11am-12pm (L2-L7)</p> <p>Swim Team 4:30-7:15pm (L1-L8)</p> | <p>Swim Team 6-7:30am (L3-L7)</p> <p>Aqua Fit Strength 9-10am (L4-L8)</p> <p>Swim Team 4:30-7:15pm (L1-L8) <i>No practice 12/6</i></p> | <p>Masters 7-8:15am (L2-L7)</p> <p>Swim Team 8:15-10am (L3-L7) <i>No practice 12/7</i></p> <p>Cardio Surge 10:30-11:30am (L4-L8)</p> | <p>Group Lessons 10am-1pm (L6-L8) <i>No lessons 12/1 or 12/29</i></p> |

Subject to Change The aquatic center closes 30 minutes prior to the club.

The pool will close at 11:30 am on Tuesday, 11/24 and will be closed all day on Wednesday, 12/25.

Tuesday, Dec 31st, **Masters** practice is moved to 6-7:30 am and **Swim Team** practice is moved to 7:30-9:30 am (L3-L7).