EASTWOOD POOL SCHEDULE NOVEMBER 2024



Aqua Fit Cardio5:45-8amAqua FitMasters6-7:30am79-10am(L2-L7)9-10am(L2-L7)(L3-L7)7(L4-L8)11am-12pm(L4-L8)11am-12pmAqua Fit	Masters	
(L2-L7) (L2-L7) Strength 9-10am (L4-L8) Swin 8: (L4-L8) Swim Team (L1-L8) Can (L1-L8)	7-8:15am (L2-L7) Swim Team 8:15-10am (L3-L7) Cardio Surge 10:30-11:30am (L4-L8)	Group Lessons 10am-1pm (L6-L8)

Subject to Change The aquatic center closes 30 minutes prior to the club.

The pool will be closed on Thanksgiving, Thursday 11/28.

Swim team practice is cancelled Friday, Nov 8th 4:30-7:15pm and Saturday, Nov 9th 8:15-10am.

EDGE