

EASTWOOD POOL

SCHEDULE

MAY 2024



MON	TUE	WED	THU	FRI	SAT	SUN
Aqua Fit Cardio 9am-10am (L4-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L2-L7)	Aqua Fit Strength 9am-10am (L4-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L2-L7)	Swim Team 6am-7:30am (L3-L7)	Masters 7am-8:15am (L2-L7)	
Swim Team 4:15pm-7pm (L1-L8)	Swim Team 4:15pm-7pm (L1-L8)	Swim Team 4:15pm-7pm (L1-L8)	Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit Cardio 9am-10am (L4-L8)	Swim Team 8:15am-10am (L3-L7)	Group Lessons 9:30am-1pm (L4-L8)
				Swim Team 4:15pm-7pm (L1-L8)	Cardio Surge 10:30am-11:30am (L4-L8)	

Subject to Change

The aquatic center closes 30 minutes prior to the club.

Please note that lanes will start to be prepared for Aqua classes 15 minutes prior to class start time.

