



Eastwood Pool Schedule

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	2 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	3 Aqua Fit Strength 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	4 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	5 Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	6 Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L3-L7) Cardio Surge 10:30am-11:30am (L5-L8) Swim Lessons 10-1:30 (L2)
7 Group Lessons 9:30am-1pm (L6-L8)	8 Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	9 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	10 Aqua Fit Strength 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	11 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	12 Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	13 Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L3-L7) Cardio Surge 10:30am-11:30am (L5-L8) Swim Lessons 10-1:30 (L2)
14 Group Lessons 9:30am-1pm (L6-L8)	15 Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	16 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	17 Aqua Fit Strength 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	18 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	19 Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	20 Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L3-L7) Cardio Surge 10:30am-11:30am (L5-L8) Swim Lessons 10-1:30 (L2)
21 Group Lessons 9:30am-1pm (L6-L8)	22 Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	23 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	24 Aqua Fit Strength 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	25 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	26 Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	27 Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L3-L7) Cardio Surge 10:30am-11:30am (L5-L8) Swim Lessons 10-1:30 (L2)
28 Group Lessons 9:30am-1pm (L6-L8)	29 Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	30 Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit Strength 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L3-L7) Swim Team 4:15pm-7pm (L1-L8)	Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (L4-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L3-L7) Cardio Surge 10:30am-11:30am (L5-L8) Swim Lessons 10-1:30 (L2)

Subject to change