



Junior Programs

WINTER 2024

Winter Session 2: March 4th – April 19th, 2024 (**Spring Session:** May 1 – June 11th- 6 weeks)

Winter Session 2 Registration opens February 11th, 2024 through the Edge App or the front desk.

	<p>Essex 4 Gauthier Drive 879-7734 x2</p>	<p>Eastwood 75 Eastwood Drive 658-0002</p>
<p>Junior Performance coach evaluation required March 18th – April 17th 5 weeks - \$225m/\$300nm</p>	<p>MONDAY 4:30-6:30pm WEDNESDAY 4:30-6:30pm</p>	<p>see Essex location</p>
<p>Junior Competitive Age 13-18 high school prep training 7 weeks- \$260m/\$350nm</p>	<p>TUESDAY 4:30-6pm THURSDAY 4:30-6pm Match Play-SUN 2-330PM @Essex</p>	<p>WEDNESDAY 430-6pm *THURSDAY 730-9pm Match Play-Sun @ Essex *Thurs @EW HS players only</p>
<p>Junior Development Age 10-14 advanced skills and tactics 7 weeks - \$260m/\$350nm</p>	<p>TUESDAY 4:30-6pm FRIDAY 4:30-6pm Match Play-Sat @ Eastwood</p>	<p>*MONDAY 4:30-6pm THURSDAY 4:30-6pm Match Play - SAT 2-3:30pm</p>
<p>Green Ball - Age 8-10+ review skills/intro to tactics 7 weeks- \$175m/\$235nm</p>	<p>*MONDAY 3:30-4:30pm Match Play Sat -Eastwood</p>	<p>TUESDAY 4:30-5:30pm THURSDAY 3:30-4:30pm FRIDAY 3:30-4:30pm Match Play - SAT 1-2pm</p>
<p>Orange Ball - Age 6-8 development of skills/movement 8 weeks- \$168m/\$224nm</p>	<p>WEDNESDAY 3:30-4:30pm</p>	<p>TUESDAY 3:30-4:30pm FRIDAY 4:30-5:30pm</p>
<p>Red Ball - Age 4-5 base skills/movement patterns 8 weeks- \$192m/\$256nm</p>	<p>See Eastwood location</p>	<p>WEDNESDAY 3:30-4:30pm</p>

Please contact Tammy Azur at tammya@edgevt.com for more information. Classes may be pro-rated for late start. **Fees listed are for 1 day a week for the 7 week session. Match play is included in the program. Receive a 10% discount if you register for 2 days or more per week.**

Edge Junior Tennis Levels/Descriptions

Junior Performance - Our highest level of junior training, this program is for advanced skill level players. Must have a director evaluation to enroll unless you have enrolled in prior sessions. This class focuses on advanced technique/skill work, footwork patterns and simulated match play through active games and drills. Suggested age 13-18.

Junior Competitive - A High School Prep tennis program designed for middle school and high school age players who play on their high school team now or who aspire to compete at the high school level. Players will develop advanced skills and match tactics through active drills and games to help them compete at the next level. Suggested age range 12-16+

Junior Development - Our Junior Development program is for players who are ready to transition to regular (yellow) tennis balls from our green ball program and for players who are still working on stroke technique, use of spin and all court skills. Active games and drills are used to improve technique and point play so players can advance into our Competitive program. Suggested age range 10-14

Green Ball – Green ball programs use developmental Green Dot balls which bounce lower and slower than regular (yellow) balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on base techniques, movement and an introduction to tactical play in singles and doubles including the use of overhead serves. Suggested age 8-10+ (beginners age 10-12 may attend)

Orange Ball – Orange ball programs use developmental Orange Dot balls which bounce lower and slower than regular Green and Yellow balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on base techniques, tracking skills and movement in a fun and active environment. Suggested age 6-8

Red Ball – Red ball programs use developmental red balls which bounce lower and slower than Green and Orange balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on basic tennis skills, movement, tracking skills and hand eye coordination drills such as throwing and catching. Classes are designed to be fun and active. Suggested age 4-6