

# Winter 2024 Adult Program & Events Guide

## **LEARN TO PLAY – ADULT BEGINNER COURSE**

Held Mondays from 6:30-7:30pm at Essex and Tuesdays from 6:30-7:30pm at Eastwood

Our Learn to Play program is designed for beginners or players who need a refresher of the basic skills. This class is offered in 4 week sessions. Players will learn all the basic skills including serve and overheads in an active 60 minute group lesson. Edge Pros will help you learn basic tactics, rules and scoring. Registration for our Winter sessions opens December 4th, 2024 through the Edge app or by calling the front desk. Space is limited, so please register early. Demo racquets are available for use. Age 17+. Minimum of 3 players enrolled is required to run a session.

Session I – January 8<sup>th</sup> – January 30<sup>th</sup>, 2024 Session II – February 5<sup>th</sup> – February 27<sup>th</sup>, 2024 Session III – March 11<sup>th</sup> – April 2<sup>nd</sup>, 2024

4 Week Session Fees: \$70 members and \$90 nonmembers.

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## ADULT RISING PLAYER - 4 WEEK COURSE - Adv. beginner/low intermediate (2.0-2.5)

Held on Wednesdays 630-730pm @ Essex and Monday 6-7pm @ Eastwood

This 4 week course is designed for players who have completed Learn to Play and are rising to the next level or have some base skills but are looking to improve. This 4 week course will work on more advanced techniques including the use of spin on all strokes and work on point play tactics in a fun active 60 minute class. Registration for our Fall sessions opens December 4th, 2023 through the Edge app or by calling the front desk. Minimum of 3 participants to run the course.

Session I – January 8<sup>th</sup> – January 31<sup>st</sup>, 2024 Session II – February 5<sup>th</sup> – February 28<sup>th</sup>, 2024 Session III – March 11<sup>th</sup> – April 2<sup>nd</sup>, 2024

4 Week Session Fees: \$80 members and \$100 nonmembers.

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## ACTIVE AGING CLINICS & SOCIAL PLAY - Winter Session starts January 5th, 2024

**Senior Instruction & Play**. Sign up weekly for a clinic designed for age 60+ players looking to improve their tennis skills in a fun active 60 minute lesson taught by Martin Wilson. Social play for 30 minutes after class. Minimum 3 max 8 for per week. Fees: \$15 members / \$18 nonmembers.

Mondays 11am-12:30pm @ Essex – sign up weekly. Fridays 10:30am-12pm @ Eastwood - sign up weekly

**Senior Social Doubles** @ **Essex**– A great way to meet players and join in some social doubles play. **Thursdays from 11am-12:30pm**. Free for Edge members and \$10 plus tax for guests.

#### DROP-IN DRILLS – 60 & 90 Minute clinics available

Our Drop-in Drills classes feature active drills and games taught by Edge pros at both our Essex and Eastwood locations. Classes may specify age and level, so please pick a class that is right for you. Registration is available by calling or stopping by the front desk or register through our Edge App. Registration opens 72 hours in advance of the class time.

## <u>Eastwood Drive Location - ages 15+</u> <u>Fees:</u>

 Monday - 12:30-1:30pm, level 3.5 & above
 1 class:
 60 minute \$20m/\$25nm

 Tuesday - 7:30-9pm, level 3.5 & above
 90 minute \$28m/\$33nm

 Wednesday & Friday - 12-1pm, level 3.5 & above
 10 packs:
 60 minute \$180m/\$250nm

 Thursday - 10-11am & 6-7pm, level 2.0-2.5
 90 minute \$260m/\$330nm

Saturday - 3:30-5pm, level 3.5 & above

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## ADULT DOUBLES LEAGUES @ ESSEX - Winter 2024 Season (January - April)

The Edge will run in-house doubles leagues this Winter starting the week of January 8<sup>th</sup>, 2024. Compete in a 14 week season against other teams at your level. These leagues are run online through topdogtennis. Fees include guaranteed court time and a new can of balls for each match. Registration is open via TopDog on December 20<sup>th</sup> and closes January 2<sup>nd</sup>, 2024. Please register on TopDog or by emailing Tammy Azur at tammya@edgevt.com if you do not have a topdog account, have never played in Edge leagues or are looking for a partner. Space is limited so please register early.

#### Winter 2024 ADULT DOUBLES LEAGUES

Monday (Mens' combined rating 8.0-9.5) @ 730-1030pm (space limited to 16 teams)

Tuesday (Womens' combined rating 7.0-8.0) @ 6-9pm (space limited to 7 teams)

Wednesday (Womens' combined rating 6.0-7.0) @ 630-8pm (space limited to 7 teams)

Thursday (Mens' combined rating 7.0-8.0) @ 7:30-9pm (space limited to 8 teams)

Sunday (Instructional League, co-ed level 2.0-2.5) 430-6pm (space limited to 12 players). Must have some experience playing or have attended an Adult Rising course.

You will receive an email from Tammy confirming your registration in the league. To Pay, please call 879-7734 x2 or stop by the front desk once you have confirmation that you are in the league.

## JCAT TENNIS TOURNAMENT – February 16th, 17th & 18th, 2024 @ Essex Edge Singles, Doubles & Mixed Doubles Divisions

Held at Essex Edge, food provided by the Jericho Café & Tavern Fees: \$40 for Singles, \$25 for doubles per player. 50% off second division entry.

Entry Max - 2 divisions Registration opens January 8th, 2024 through the Edge App or front desk.

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Edge Tennis also offers Private, Semi-Private and Private Group Lessons for all ages and abilities. Please visit our website, <u>www.edgevt.com</u>, and click on Sports/Tennis to view our private lesson options, pricing, and a list of our available Tennis Professionals.

Please contact Tammy Azur at tammya@edgevt.com for more information about the above programs.