





Eastwood Pool Schedule

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Master Swim 5:45-7am (2-7) 7-8am (3-7) 11am-12pm (3-7) Swim Team lanes 1-8 4:15pm-7:00pm	Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	Mini meet 7am-8:15am (1-8) Swim Team 8:15-10am (4-8) Cardio Surge 10:30am-11:30am (5-8)
4	5	6	7	8	9	10
Group Swim Lessons 10am-1pm Lanes 6-8	Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) 11am-12pm (3-7) K&F 9am-11am (7,8) Swim Team (1-8) 4:15pm-7:00pm	Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) 11am-12pm (3-7) Swim Team lanes 1-8 4:15pm-7:00pm	Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	Masters 7am-8:15am (2-7) Swim Team 8:15-10am (4-8) Cardio Surge 10:30am-11:30am (5-8)
11	12	13		15	16	17
Group Swim Lessons 10am-1pm Lanes 6-8	Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) 11am-12pm (3-7) K&F 9am-11am (7,8) Swim Team (1-8) 4:15pm-7:00pm	Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) 11am-12pm (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm(1-8)	Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	Masters 7am-8:15am (2-7) Swim Team 8:15-10am (4-8) Cardio Surge 10:30am-11:30am (5-8)
	19	20	21	22	23	24
Group Swim Lessons 10am-1pm Lanes 6-8	Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) K&F 9am-11am (7,8) Swim Team 8am-10am (4-6) 4:15pm-7:00pm(1-8)	Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm(1-8)	Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	Masters 7am-8:15am (2-7) Swim Team 8:15-10am (4-8) Cardio Surge 10:30am-11:30am (5-8)
25	26	27	28	29	30	
Group Swim Lessons 10am-1pm Lanes 6-8	Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) K&F 9am-11am (7,8) Swim Team 8am-10am (4-6) 4:15pm-7:00pm(1-8)	Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm(1-8)	Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	

Subject to change