

Edge Junior Tennis Levels/Descriptions

Junior Performance - Our highest level of junior training, this program is for advanced skill level players. Must have a Director evaluation to enroll unless you have enrolled in prior sessions. This class focuses on advanced technique/skill work, footwork patterns and simulated match play through active games and drills. Suggested age 13-18.

Junior Competitive - A High School Prep tennis program designed for middle school and high school age players who play on their high school team now or who aspire to compete at the high school level. Players will develop advanced skills and match tactics through active drills and games to help them compete at the next level. Suggested age range 12-16+

Junior Development - Our Junior Development program is for players who are ready to transition to regular (yellow) tennis balls from our green ball program and for players who are still working on stroke technique, use of spin and all court skills. Active games and drills are used to improve technique and point play so players can advance into our Competitive program. Suggested age range 10-14

Green Ball – Green ball programs use developmental Green Dot balls which bounce lower and slower than regular (yellow) balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on base techniques, movement and an introduction to tactical play in singles and doubles including the use of overhead serves. Suggested age 8-10+ (beginners age 10-12 may attend)

Orange Ball – Orange ball programs use developmental Orange Dot balls which bounce lower and slower than regular Green and Yellow balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on base techniques, tracking skills and movement in a fun and active environment. Suggested age 6-8

Red Ball – Red ball programs use developmental red balls which bounce lower and slower than Green and Orange balls to help kids develop correct stroke mechanics and have early success during play. This class focuses on basic tennis skills, movement, tracking skills and hand eye coordination drills such as throwing and catching. Classes are designed to be fun and active. Suggested age 4-6