




THEEDGE WINTER ADULT PROGRAMS 2023



Our adult guide is focused on stress relief, wellness & results-driven solutions. The winter is a great time to step out of your comfort zone & try something **new!** Try a beginner Tennis or Pickleball class or enroll in a 13-week HealthyCare Lifestyle class.

We remain dedicated to providing our community with the facilities & programs to support strong physical and mental health and wellness in a **fun & supportive** environment!

(802) 860-3343 | info@edgevt.com | www.edgevt.com



PREVENTATIVE CARE + WELLNESS PROGRAMS



FACT: HEALTHY, SUSTAINABLE WEIGHT LOSS IS WIDELY BELIEVED TO BE ACHIEVED BY 80% PROPER NUTRITION + 20% EXERCISE!

NUTRITION COUNSELING

The EDGE offers one-on-one nutrition counseling with a Registered Dietitian, membership not required! This service is covered by most health insurers and can help you improve your relationship with food!

TO SCHEDULE AN APPOINTMENT CONTACT:
Genavix@edgevt.com



DID YOU KNOW: The EDGE has Registered Dietitians available online for your convenience! Our Registered Dietitians create plans and offer support for long term success. Your insurance may cover much of the cost of our Preventative Care & Wellness Programs! Contact Genavix@edgevt.com or call (802) 951-2320 today.

WELLCHECK SCREENINGS – KNOW YOUR NUMBERS!

A biometric screening of cholesterol and blood glucose levels and an InBody scan of fat and muscle mass. Use these key details about body composition to track your health and fitness progress.

WellChecks are FREE OF CHARGE if you follow up with an EDGE Registered Dietitian!

TO SCHEDULE AN APPOINTMENT CONTACT: Genavix@edgevt.com

VIRTUAL FOOD & MOOD PROGRAM

Join an EDGE Registered Dietitian for this 6-week program focusing on supporting your mental health and well-being through nutrition! This program includes weekly group educational sessions along with 3 one-on-one tele-nutrition sessions.

MONDAYS, JANUARY 23-MARCH 13 / 12-1 PM
CONTACT: Genavix@edgevt.com



PREVENTATIVE CARE + WELLNESS PROGRAMS



USE YOUR HEALTH INSURANCE FOR SOMETHING
HEALTHY! MEET 1-1 WITH AN EXPERT AT NO COST.*

HEALTHYCARE 90 DAY PROGRAM

A 13-week group wellness program that includes health risk assessments, health coaching for lifestyle change, nutrition counseling with a Registered Dietitian and group exercise!

IN-PERSON:

TUESDAYS, JANUARY 10-APRIL 4 / 5:30-7:30 PM
142 WEST TWIN OAKS, SOUTH BURLINGTON

VIRTUAL:

THURSDAYS, JANUARY 26-APRIL 20 / 12-1 PM
CONTACT: Genavix@edgevt.com



HEALTHYCARE ALUMNI PROGRAM

A 7-week group wellness offering for graduates of the 90 Day Program! Get motivated for a healthy lifestyle reboot with the same health coaching and nutrition counseling you grew to love in the first program. Alumni Plus programs also offers group fitness.
You can attend in-person or virtually!

WEDNESDAYS, JANUARY 11-FEBRUARY 22 / 5:30-7:30 PM
142 WEST TWIN OAKS, SOUTH BURLINGTON
CONTACT: Genavix@edgevt.com



**Based on insurance approval.*

SMALL GROUP TRAINING

CONTACT GROUP FITNESS DIRECTOR KIM GRAHAM: KimG@edgevt.com



TRIBE LIFE

Tribe LIFE is moderate to high intensity exercise in a small group. Exercises focus on movement with and through gravity as well as weight training with kettlebells, dumbbells and bodyweight to get you fit for everyday. Exercises are lower impact functional exercises making this program perfect for anyone.

WINTER SCHEDULE:

SEASON 1: JANUARY 9-MARCH 5

SEASON 2: MARCH 6-APRIL 30

142 WEST TWIN OAKS, SOUTH BURLINGTON

COST: MEMBERS \$219 SEASON / NON-MEMBERS \$299 SEASON

[Register Here](#)



TRIBE FIT

Tribe FIT is a high intensity style small group training using jump ropes, kettlebells, dumbbells, medicine balls, etc. to get you fitter and faster! Fast paced, fun and functional!

WINTER SCHEDULE:

SEASON 1: JANUARY 9-MARCH 5

SEASON 2: MARCH 6-APRIL 30

142 WEST TWIN OAKS, SOUTH BURLINGTON

COST: MEMBERS \$219 SEASON / NON-MEMBERS \$299 SEASON

[Register Here](#)



EDGE POWERBOX

In this class you will train like a fighter to get fighting fit. In this 55-minute heavy bag class we will use authentic boxing combinations, offensive and defensive drills, we will work conditioning and abs for a complete workout.

No boxing experience is necessary.

This class is appropriate for begins as well as the experienced boxer.



SATURDAYS 9 AM & 10 AM

INSTRUCTOR: KIM GRAHAM

142 W TWIN OAKS, SOUTH BURLINGTON

COST: \$15 PER CLASS / PURCHASE 11 CLASSES FOR \$150

SMALL GROUP TRAINING

CONTACT GROUP FITNESS DIRECTOR KIM GRAHAM: KimG@edgevt.com



MARTIAL ARTS FOR SELF DEFENSE & FITNESS

You will learn to overcome your toughest opponent – yourself!

In this 6-week course you will train in traditional Karate, Aikido and Tai chi.

You will improve all aspects of fitness – strength, endurance, flexibility, agility and balance, all while learning effective self-defense. You will develop more focus, grit and self-control.

SATURDAYS 8-9:30 AM STARTING JANUARY 7 / 6-WEEK SERIES

INSTRUCTOR: BRIAN RICH

142 WEST TWIN OAKS, SOUTH BURLINGTON

COST: MEMBERS \$150 / NON-MEMBERS \$240



[Register Here](#)

OXYGEN ADVANTAGE® BREATHWORK SERIES

Join us at our Oxygen Advantage® Workshop Series led by Nicole Carpenter! Learn how to

- ▶ increase your breathing efficiency, focus, performance and emotional resiliency.

- ▶ Learn techniques to connect to now and develop your breathing toolkit!

Oxygen Advantage® is breathing program developed by Patrick McKeown centered around improving oxygen uptake or breathing efficiency through functional breathing training and

- ▶ simulation of altitude training. Each session will include **3** key components:

- Education about the breath & its ability to influence our mental and physical body

- Breathing Exercises to increase your awareness of your breath, your breathing efficiency & how to enhance your breathing capacity

- Breathing Exercises to increase focus, concentration & athletic performance

THURSDAYS, STARTING JANUARY 5 / 6:00-7:30 PM / 6-WEEK SERIES

INSTRUCTOR: NICOLE CARPENTE

142 WEST TWIN OAKS, SOUTH BURLINGTON

COST: MEMBERS \$150 / NON-MEMBERS \$240

[Register Here](#)

GROUP FITNESS

CONTACT GROUP FITNESS DIRECTOR KIM GRAHAM: KimG@edgevt.com

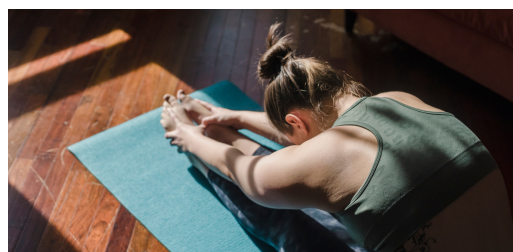


LOVE YOUR FEET YOGA CLASS

Through traditional yoga poses, self-massage, and myofascial work with a tennis ball, you'll support your feet in this 75-minute class. Your foot has 26 bones, 32 joints, more than 100 muscles, tendons, ligaments and over 7000 nerve endings. Your feet are your structural platform for most movement and provide you stability in life. Your feet absorb and distribution your body weight, while at the same time adapting to changes in terrain underneath your feet. Come move, stretch, exercise, massage and thank your feet for all they do!

All are welcome, no prior yoga experience needed!

SUNDAY, FEBRUARY 12 / 3:30-4:45PM
INSTRUCTOR: NICOLE CARPENTE
142 WEST TWIN OAKS, SOUTH BURLINGTON
FREE FOR MEMBERS + GUESTS



GROUP FITNESS BEGINNER SERIES

Once a month, we will offer an introductory or beginner class for one of our group fitness programs! Learn the basic moves and what to expect in BODYCOMBAT, BODYATTACK, BODYSTEP, BODYPUMP, Zumba and MORE! We will rotate location and program monthly.

Check the current months schedule for date, time and location.



TENNIS PROGRAMS

CONTACT TENNIS DIRECTOR TAMMY AZUR: Tammya@edgevt.com



LEARN TO PLAY

Our Learn to Play program is designed for beginners or players who need a refresher of the basic skills. Players will learn all the basic skills including serve and overheads in an active 60 minute group lesson. EDGE Pros will help you learn basic tactics, rules and scoring!

- 4 Gauthier Dr, Essex, Mondays 6:30-7:30 PM
- 75 Eastwood Dr, South Burlington, Tuesdays 6-7 PM

SESSION I: JANUARY 9-JANUARY 31

SESSION II: FEBRUARY 6-FEBRUARY 28

SESSION III: MARCH 6-MARCH 28

4 WEEK SESSION COSTS: \$70 MEMBERS / \$90 NON-MEMBERS

[Register Here](#)

ADULT RISING PLAYER

This 4 week course is designed for players who have completed Learn to Play and are rising to the next level or have base skills but are looking to improve. Work on more advanced techniques including the use of spin on all strokes and work on point play tactics in a fun active 60 minute class! *Minimum of 3 players required to run course.*

- 4 Gauthier Dr, Essex, Wednesdays 6:30-7:30 PM
- 75 Eastwood Dr, South Burlington, Mondays 6-7 PM

SESSION I: JANUARY 9-JANUARY 30

SESSION II: FEBRUARY 6-FEBRUARY 27

SESSION III: MONDAYS, MARCH 6-MARCH 27

4 WEEK SESSION COSTS: \$80 MEMBERS / \$100 NON-MEMBERS

[Register Here](#)

ADULT DOUBLES LEAGUE

Compete against other teams at your level! These leagues are run online through TopDogTennis.

Fees include guaranteed court time and a new can of balls for each match.

If you are new to EDGE leagues or need a partner, please email Tammya@edgevt.com.

MONDAYS: (Men's rating 4.0+-4.5) 7:30-10:30 PM (limited to 16 teams)

TUESDAYS: (Women's rating 3.5+-4.0) 6-9 PM (limited to 7 teams)

WEDNESDAYS: (Women's 3.0-3.5) 6:30-8 PM (limited to 7 teams)

THURSDAYS: (Men's rating 3.5-4.0) 7:30-9 PM (limited to 8 teams)

FRIDAYS: (Mixed league, rating level 3.0-3.5) 6:30-8 PM (limited to 7 teams)

SUNDAYS: (Instructional League, level 2.0-2.5) TBD (limited to 8 players)

COST: \$105 MEMBERS / \$230 NON-MEMBERS

[Register Here](#)

TENNIS PROGRAMS

CONTACT TENNIS DIRECTOR TAMMY AZUR: Tammya@edgevt.com



DROP-IN DRILLS (60 & 90 MINUTE CLINICS)

Our Drop-in Drills classes feature active drills and games taught by EDGE Pros at both our Essex and Eastwood locations! Classes may specify age and level, so please pick a class that is right for you.

EASTWOOD DR – AGES 15 & UP / LEVEL 3.5 & ABOVE

MONDAY: 12:30–1:30 PM

TUESDAY: 7:30–9 PM

WEDNESDAY + FRIDAY: 12–1 PM

SATURDAY: 3:30–5 PM

GAUTHIER DR – AGES 18 & UP / LEVEL 2.5–3.5

TUESDAY: 6:30–8 PM / LEVEL 3.0–3.5

SUNDAY: 11 AM–12:30 PM / LEVEL 2.5–3.0

COST:

1 CLASS 60 MIN \$20 MEMBER / \$25 NON-MEMBER

90 MINUTE \$28 MEMBERS / \$33 NON-MEMBERS

10 PACKS:

60 MINUTE \$180 MEMBERS / \$230 NON-MEMBERS

90 MINUTE \$260 MEMBERS / \$310 NON-MEMBERS



[Register Here](#)

SENIOR CLINICS & SOCIAL DOUBLES PLAY

Sign up weekly for a clinic designed for age 60+ players looking to improve their tennis skills in a fun active 60 minute lesson! Social play for 30 minutes after class.

SENIOR INSTRUCTION + PLAY:

TUESDAYS: 11 AM–12:30 PM / GAUTHIER DR

THURSDAYS: 9–10:30 AM / EASTWOOD DR

COST: \$12 MEMBERS / \$15 NON-MEMBERS

SENIOR SOCIAL DOUBLES:

THURSDAYS: 11 AM–12:30 PM / GAUTHIER DR

COST: FREE FOR MEMBERS / \$10+TAX NON-MEMBERS

[Register Here](#)

EDGE Tennis also offers Private, Semi-Private and Private Group Lessons for all ages and abilities. Please visit our website, www.edgevt.com, and click on Sports/Tennis to view our private lesson options, pricing and a list of our available Tennis Professionals.

TENNIS TOURNAMENTS + LEAGUES



CONTACT TENNIS DIRECTOR TAMMY AZUR: Tammya@edgevt.com

WINTER 2023 JCAT TENNIS TOURNAMENT – SINGLES & DOUBLES EVENTS

Food and prizes will be provided by the Jericho Café & Tavern!
Registration ends one week prior to the start of the tournament.

SINGLES + DOUBLES DIVISIONS (OPEN, 4.0, 3.5, 3.0): FEBRUARY 3-5

4 GAUTHIER DRIVE, ESSEX

TO REGISTER: EMAIL TAMMY AZUR Tammya@edgevt.com OR CALL (802) 879-7734

COST: ONE EVENT \$40 / ADDITIONAL EVENTS \$25 EACH

UTSA LEAGUE PLAY – ORIENTATION SESSIONS

If you've never played on a USTA League team but might like to join, register for a two-hour orientation to USTA League Play clinic! Run by the USTA League Coordinator and an EDGE Pro, you'll be guided through a USTA match warm-up, USTA tiebreaker formats and will play games following USTA League rules.

SUNDAY, JANUARY 29 / 3-5 PM

142 WEST TWIN OAKS, SOUTH BURLINGTON

TO REGISTER: CALL (802) 658-0001

COST: FREE FOR MEMBERS / \$15 NON-MEMBERS

For more information, please contact Beth Cook: Beth.cook@newengland.usta.com



PICKLEBALL PROGRAMS



COME SEE WHY PICKLEBALL IS THE FASTEST GROWING SPORT IN THE NATION!

CONTACT: Pickleball@edgevt.com

OPEN PLAY SCHEDULE

EARLY BIRD (3.5+): MONDAY/WEDNESDAY/FRIDAY 6–8 AM (2 courts)

LOW INTERMEDIATE (2.5–3.0): WEDNESDAY/FRIDAY 12–1:30 PM (2 courts)

INTERMEDIATE (3.0–3.5): TUESDAY/THURSDAY 9:45AM–11:15 AM + SATURDAY 3–5 PM (3 courts)

HIGH INTERMEDIATE (3.75): THURSDAY 5–7 PM (2 courts)

ADVANCED (3.75+): MONDAY/WEDNESDAY/FRIDAY 10 AM–12 PM (3 courts)

75 EASTWOOD DR, SOUTH BURLINGTON

COST: PICKLEBALL MEMBERS FREE / EDGE MEMBERS \$7.50+TAX

SCRAMBLE LEAGUES

Players randomly assigned court on Day 1. Format of play is 2 games to 11, cap 13. Players will play with and against each player on the assigned court for a total of 6 games. Games W/L and PSA (points scored against) are recorded for the evening. Players will be assigned their courts each week by results from the previous week only (not accumulative).

A League Awards Recognition, celebration and play will be schedule TBA at the completion of League Play! *If a player is unable to attend, they must find a substitute.*

Minimum of 8 and maximum of 16 players required.

LEVEL 3.5+: MONDAYS, JANUARY 9–FEBRUARY 9 / 6–8:30 PM

LEVEL 3.75+: TUESDAYS, JANUARY 10–FEBRUARY 14 / 6–8:30 PM

LEVEL 3.0+: WEDNESDAYS, JANUARY 11–FEBRUARY 22 / 1:30–4 PM

LEVEL 3.5+: SUNDAYS, JANUARY 8–FEBRUARY 12 / 1–3:30 PM

LEARNING LEAGUE: MONDAYS, JANUARY 9–FEBRUARY 13 / 8–10 AM

75 EASTWOOD DR, SOUTH BURLINGTON

TO REGISTER: CALL (802) 860-3343

COST: MEMBERS \$60



PICKLEBALL PROGRAMS



COME SEE WHY PICKLEBALL IS THE FASTEST GROWING SPORT IN THE NATION!

CONTACT: Pickleball@edgevt.com

BOOTCAMPS

The goal is to have level based students maximize contacts focusing on drills from the NVZ, transition zone, baseline, serve and returns. In addition, posture, positioning, footwork and grips will be emphasized. Skills and tactics will be practiced and learned in a fun and friendly environment! *Minimum of 4 and maximum of 8 players required.*

LEARN TO PLAY:

THURSDAY 1/12 1-4 PM
SATURDAY 1/21 9 AM-12 PM
SATURDAY 2/4 9 AM-12 PM
THURSDAY 2/16 1-4 PM
SATURDAY 3/4 9 AM-12 PM
THURSDAY 3/16 1-4 PM

LEVEL 3.0+:

THURSDAY, 1-4 PM
1/19, 2/9 + 3/9

LEVEL 3.5+:

SATURDAY, 11AM-2 PM
1/7, 1/28, 2/11, 2/18, 3/11 + 3/25

75 EASTWOOD DR, SOUTH BURLINGTON
TO REGISTER: CALL (802) 860-3343
COST: MEMBERS \$75

MINI-BOOTCAMPS

These modified Bootcamps are designed to have level based students review technique and tactics with drills. Practice game based situations in a fun and friendly environment!
Minimum of 3 and maximum of 4 players required.

LEARN TO PLAY:

TUESDAY, 9:30-11:30 AM
1/3, 1/17, 2/7 + 2/21

LEVEL 3.5+:

THURSDAY, 9:30AM-11:30 AM
1/7, 1/28, 2/11, 2/18, 3/11
+ 3/25

LEVEL 3.0+:

TUESDAY, 9:30-11:30 AM
1/10, 1/24, 2/14 + 2/28

LEVEL 4.0+:

THURSDAY, 9:30-11:30 AM
1/12, 1/26, 2/16 + 3/2

75 EASTWOOD DR, SOUTH BURLINGTON
TO REGISTER: CALL (802) 860-3343
COST: MEMBERS \$50



PICKLEBALL PROGRAMS



COME SEE WHY PICKLEBALL IS THE FASTEST GROWING SPORT IN THE NATION!

CONTACT: Pickleball@edgevt.com

ROUND ROBINS

Level based organized Round Robins emphasizing competitive social play.

Scorekeeping and results will be tabulated for the event.

Minimum of 8 and maximum of 16 players required.

LEVEL 3.0+:

THURSDAY, 1-4 PM

1/5, 2/2 + 3/2

LEVEL 3.5+:

SATURDAY, 2-5 PM

1/8, 2/4 + 3/4

LEVEL 4.0+:

FRIDAY, 5-8 PM

1/6, 2/3 + 3/3

75 EASTWOOD DR, SOUTH BURLINGTON

TO REGISTER: CALL (802) 860-3343

COST: MEMBERS \$20

PICKLEBALL TOURNAMENTS

FEBRUARY 24, 25 + 26

75 EASTWOOD DR, SOUTH BURLINGTON

TO REGISTER: CALL (802) 860-3343



PHYSICAL THERAPY

CONTACT: PT@edgevt.com



GOT PAIN? REGISTER FOR A FREE INJURY SCREENING!

Nothing can derail your fitness routine like an injury. Don't ignore or try to work through the pain! The EDGE Physical Therapy team of experts will look at an injury for free in a 15-minute appointment and help guide you in the right direction.

- ▶ Self-referred patients welcome – *No referral required!*
- ▶ Available to both members + non-members
- ▶ Booking typically within 24-hours
- ▶ Early morning + after work appointments available (7 AM-6 PM varying on location, M-F)

REQUEST AN APPOINTMENT:

4 GAUTHIER DR, ESSEX / (802) 951-2320

75 EASTWOOD DR, SOUTH BURLINGTON / (802) 860-0209

142 WEST TWIN OAKS TERRACE, SOUTH BURLINGTON / (802) 383-0676

[Learn More](#)



PERSONAL TRAINING

CONTACT: Jales@edgevt.com to schedule an orientation or connect with a personal trainer for a Session Zero



ORIENTATION

An orientation is an introduction to the fitness center program's services. It includes a facility tour, equipment use rules, policies and guidelines. More specifically, it's an opportunity to learn how to safely and effectively exercise on the equipment available within the facility and get the most out of your membership.

COMPLIMENTARY SESSION INCLUDED W/MEMBERSHIP



SESSION ZERO

Our Session Zero is an introductory session for our Personal Training Program. To get started, you will be paired with an EDGE certified personal trainer based on your training preferences. The Session Zero gives you time to meet the trainer, review health/injury history, and create a plan to work towards your goals!

\$35/SESSION MEMBERS + NON-MEMBERS

PERSONAL TRAINING

Personal training allows you to work with one of the EDGE's certified personal trainers who will create an individualized fitness program specific for your unique needs. Our trainers will create a roadmap of exercise selection and periodization that are specific towards your short and long-term goals. Our program provides structure, accountability and a fun learning experience!



1:1 60-MIN SESSION: MEMBERS \$60 SESSION / NON-MEMBER \$70 SESSION

1:1 30-MIN SESSION: MEMBERS \$35 SESSION / NON-MEMBER \$40 SESSION

2:1 60-MIN SESSION: MEMBERS \$85 SESSION / NON-MEMBER \$95 SESSION

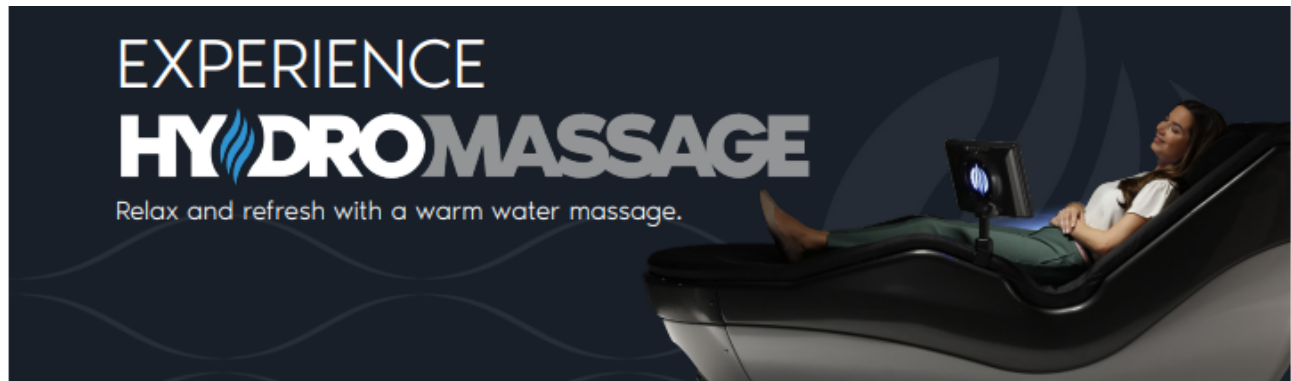
SMALL GROUP: MEMBERS \$30 SESSION (PER PERSON) / NON-MEMBERS \$35 (PER PERSON)

INTRODUCING THE EDGE WELLNESS LOUNGE!

This unique space is specifically designed for rest, relaxation and recovery, creating a completely immersive wellness experience. The EDGE Wellness Lounge will feature two state of the art HYDRO Massage beds and one CRYO Lounge (*the first in Vermont!*). Imagine after playing tennis, taking class or working out, ending with a 15-minute HYDRO or CRYO Massage.

The HYDRO Massage bed delivers:

- Temporary relief of minor aches and pains
- Enhances the feeling of well-being and relaxation
- Relieves muscle soreness, stiffness and tension
- Increases circulation
- Reduces stress and anxiety



The massage is delivered by heated powerful waves that you can target where you need it most. Whether HYRDO or CRYO, your experience is fully clothed, dry and comfortably supported.

The CRYO Lounge is a brand-new technology and has many of the same features as the HYDRO Massage however it also has the ability to target your body with cold therapy to relieve sore, stiff and achy muscles as well as a unique leg compression feature for sore legs. Cold and heat treatment can be used during the same session.

Pre-opening price of \$25 via EFT per month for 1 year when added to your membership December 1 – December 31, 2022! \$35 via EFT per month starting January 1, 2023.

Click the button below to enroll!

Enroll

LOCATION GUIDE

4 GAUTHIER DR, ESSEX

Indoor Tennis Courts (4)
Outdoor Tennis Courts (2)
Lap Pool (6 Lanes)
Therapy Pool
Indoor Track (1/8 mile)
Fitness Center
Group Fitness & Cycling Studios
Gymnasium
Hot Tub & Sauna
Preventative Care/Genavix/Nutrition
Physical Therapy

142 W TWIN OAKS TERRACE, SOUTH BURLINGTON

Indoor Tennis Courts (3)
Fitness Center
Racquetball (1)
Squash Courts (3)
Group Fitness & Cycling Studios
Sauna
Parisi Speed School
Physical Therapy
Preventative Care/Genavix/Nutrition

4 MORSE DR, ESSEX

Lap Pool (6 Lanes)
Hot Tub
Physical Therapy

75 EASTWOOD DR, SOUTH BURLINGTON

Indoor Tennis Courts (3)
Outdoor Tennis Courts (4)
Pickleball Courts (4)
Lap Pool (8 Lanes)
Splash Pool
Hot Tub & Sauna
Physical Therapy

MEMBERSHIP LEVELS

ULTIMATE EDGE

Fitness Centers, Group Fitness,
Cycling, Aquatic & Virtual classes,
Pools, Fitness Centers, Indoor Track,
Racquetball, Squash, Basketball, Hot
Tubs, Saunas, Locker Rooms, Tennis,
Kids & Fitness Discount

ACTIVE EDGE


Fitness Centers, Group Fitness,
Cycling, Aquatic & Virtual classes,
Pools, Fitness Centers, Indoor Track,
Racquetball, Squash, Basketball, Hot
Tubs, Saunas, Locker Rooms

FITNESS EDGE

Fitness Centers, Indoor Track,
Racquetball, Squash, Basketball, Hot
Tubs, Saunas, Locker Rooms

*Children Add-On \$35/month
Wellness Lounge Add-On \$35/month
Pickleball Add-On Currently Unavailable*

CONTACT US

 (802) 860-3343

 info@edgevt.com

 www.edgevt.com



THE **EDGE**

