



## Winter 2022 Essex Edge Adult Program Guide

### **LEARN TO PLAY – ADULT BEGINNER COURSE @ ESSEX**

Our Learn to Play program is designed for beginners or players who need a refresher of the basic skills. This class is offered in 4 week sessions starting on Monday January 3<sup>rd</sup>, 2022. Players will learn all the basic skills including serve and overhands in an active 60 minute group lesson taught by USPTA Professional, Katherine Hagestad. Registration opens December 13<sup>th</sup> through the Edge app or by calling the front desk at 879-7734 x2. Space is limited. Held on **Mondays 6:30-7:30pm.**

**Session I – January 3<sup>rd</sup> – January 24<sup>th</sup>**

**Session II – January 31<sup>st</sup> – February 21<sup>st</sup>**

**Session III – March 7<sup>th</sup> – March 28<sup>th</sup>**

**4 week Session Fees: \$65 members and \$85 nonmembers.**

### **DROP-IN DRILLS (2.5-3.0 levels) - Age 18+ @ ESSEX Starting January 5<sup>th</sup>, 2022**

Are you an advanced beginner or low intermediate player looking to get a good workout and brush up on your skills? Drop in on Wednesday evenings from 6:30-8pm or Sunday mornings from 11am-12:30pm for an active clinic taught by USPTA professional, Katherine Hagestad. Drills will focus on skill technique and simulated point play through active games that will get you ready to compete in singles and doubles. All classes are 90 minutes. Register by calling the front desk at 879-7734 x2 or online. Registration opens 72 hours in advance of the class time.

**Wednesdays 6:30-8pm & Sundays 11am-12:30pm Offered weekly. Min 3 Max 6  
90 minute Fees: \$28 member/\$33 nonmember or 10 packs for \$260m/\$310nm**

### **Senior Clinic and Round Robin @ ESSEX Programs start January 4<sup>th</sup>, 2022**

**Senior Instruction & Play** taught by Katherine Hagestad, USPTA Professional. Sign up weekly for a clinic designed for age 60+ players looking to improve their tennis skills in a fun active 60 minute lesson. Social play for 30 minutes after class.

**Tuesdays 11am-12:30pm Fees: \$12 members / \$15 nonmembers**

**Senior Social Doubles** – A great way to meet players and join in some social doubles play.  
**Thursdays from 11am-12:30pm.** Free for Edge members and \$10 for guests.

People interested in registering for these programs may call the Essex Edge front desk at 879-7734 x2 or register online through our app. Registration opens 72 hours in advance of the class time.

**Please contact Tammy Azur at [tammya@edgevt.com](mailto:tammya@edgevt.com) for more information.**