

## Group Swim Lessons – Frequently Asked Questions

### What are the current health and safety protocols?

The EDGE has consistently maintained strict health and safety protocols since re-opening last summer. We follow Vermont Department of Health, and CDC guidelines. Upon entering any EDGE facility each person must answer a brief health survey and have his/her temperature taken with a no-contact thermometer. Masks will be required at all times, except while in the water for the lesson. Only the child and parent may be in the pool area – we do not currently allow for multiple family members to gather on deck during the lesson.

### Must a parent be in the water for the lesson?

For all learning levels up to and including Learn to Swim Level 2, a parent is required in the water. All EDGE pools are 4 to 4.5 feet deep, so the adult typically stands to assist the child through skills while the instructor teaches from the pool deck while wearing a mask. Masks are not required for children during the lesson and are optional for parents while in the water.

### Are locker rooms and showers available?

Locker rooms and smaller pool-side family changing rooms are available at most clubs. And a poolside shower is available for rinsing off before and after the lesson. Locker room showers are not available at this time.

### What should I bring to the lesson?

A large towel or two and a swim suit. Very young children would require a disposable swim diaper as well as an outer cover or fitted swim suit. Goggles are not required but are recommended for ages 4 and older. Some people like to bring flip flops or sandals for the pool deck. Infants and toddlers can bring favorite water toys to their lesson if the parent thinks it would be helpful.

### How much do lessons cost?

A six-week session of group lessons costs \$75 for EDGE members, \$110 for non-members.

### Can another child or family member swim around during the lesson?

No - the lesson space will be reserved for the child or child/parent pair only.

### What if we miss a lesson?

We are unable to offer make-up lessons in the event of a missed lesson. Lesson dates cancelled by the EDGE will be made up.

**Other questions?** [swim@edgevt.com](mailto:swim@edgevt.com).