

EDGE Health & Safety Protocols: Key Terms

Our first priority is the health and wellness of our EDGE community. Below is a quick reference guide of key terms in our safety plan:

EDGE Health Ambassador: This integral team member is responsible for ensuring compliance with mandatory health and safety requirements as outlined in The EDGE COVID-19 Program and Exposure Control Plan. A Health Ambassador will be on-site at each facility during all open hours to help guide members, guests and co-workers in following all policies and procedures. Health Ambassadors On Duty will continually monitor physical distancing, help clean and sanitize common spaces and touch points and will be available to answer any questions.

“Play Smart, Play Safe” Waiver: Upon joining or returning to the clubs, all members must complete a new, one-time electronic waiver prior to entry. The waiver link can be found on our homepage at edgevt.com or can be texted to a smartphone.

Health Declaration & Screening: Upon arrival, all members and guests must complete a health screening including a health declaration asking four questions regarding COVID-19 and a temperature check with a contactless thermometer. Temperature must be below 100.4 to enter.

Contact Tracing: All members and guests must provide updated contact information including phone number, email address and physical address to use for contact tracing purposes. All members and guests must be electronically signed in at the front desk for record of daily attendance.

Personal Protective Equipment (PPE): PPE includes face coverings, gloves and plastic barriers installed at all Front Desks. Everyone is required to wear a face covering while inside any EDGE building, except when you are actively engaged in exercise with a minimum of six foot physical distancing. Physically distant exercise includes group fitness classes, swimming, tennis, fitness floor cardio and weight equipment when used by oneself. During exercise activities where a six foot distance is not possible including Physical Therapy, Personal Training and weight equipment with a partner, members and staff must wear a face covering.

Eastwood Fitness Center: Due to member requests, the Fitness Floor at our Eastwood facility will require face coverings to be worn at all times, including during exercise. We will post helpful tips and reminders on how to exercise safely with a face covering.

Physical Distancing: All persons must observe strict physical distance of six feet while in the facilities. An exception to this is when an EDGE team member is conducting a temperature check, during which time the team member will be wearing gloves and a mask.

EDGE Safe Tracks: Physical distancing traffic pattern instructions can be found on the floor to guide members and guests throughout the facilities safely.

EDGE PURE Sanitation Stations: Designated areas with disinfectant sprays and touchless hand sanitizer dispensers can be found throughout the facility.

Disinfectants: EPA-registered, medical-grade disinfectants which are designated effective against the COVID-19 virus are used for all continuous and deep-cleaning purposes.

Atomizer Disinfectant Foggers: New back-pack foggers that allow us to disinfect large areas effectively and efficiently.

Go Contactless: To minimize touch points, we have installed new contactless sink faucets, soap and paper towel dispensers, and contactless water bottle refill stations.

Carry In, Carry Out: To minimize contact, we will be discontinuing towel service and lock service. Members are encouraged to bring their own mats, towels, and water bottles. Contactless water bottle refill stations are available. As lockers are not available at this time, members are encouraged to leave valuables at home.

“Arrive, Play and Leave”: Members and guests must adopt an “arrive, play and leave” mentality, as directed by the State of Vermont. Groups may not congregate before or after activities.

Member Reservations: Due to physical distancing capacity limitations, the EDGE now requires reservations for the following: all group fitness classes, all pools, Essex and Eastwood fitness centers.

EDGE COVID-19 Program and Exposure Control Plan: The EDGE’s comprehensive reopening and training plan for employees that identifies the mandatory health and safety requirements outlined by the State of Vermont and details EDGE implementation protocols and practices.