





Williston Lap Pool Schedule – December 2019*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Masters 5:45-7am (3) Swim Team 4-8:00pm (6)	3 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	4 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	5 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	6 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (3)	7 Masters 7-8:30am (4) NO Swim Team 8:30-11:45am
8	9 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	10 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	11 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	12 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	13 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (5)	14 Masters 7-8:30am (4) NO Swim Team 8:30-11:45am
15	16 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	17 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	18 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	19 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	20 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (5)	21 Masters 7-8:30am (4) Swim Team 8:30-11:45am (5)
22	23 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	 Christmas Eve Club Hours 5am-12 Noon Masters 5:30-6:45am (6) Swim Team 8-10:45am (6)	 Christmas Day Club Closed	26 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	27 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (5)	28 Masters 7-8:30am (4) Swim Team 8:30-11:45am (5)
29	30 Masters 5:45-7am (3) Swim Team 7-8:30am (4) Swim Team 4-8:00pm (6) 8-8:30pm (5)	 New Year's Eve Club Hours 5am-6pm Masters 5:30-6:45am (6) Swim Team 1:30-5:30pm (6)	 January 1 New Year's Day Club Hours 9am-1pm	2 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	3 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) NO Swim Team 4-7pm (6) 7-7:30pm (5)	4 Masters 7-8:30am (4) NO Swim Team 8:30-11:45am

*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: rodneyc@edgevt.com