

Williston Program Pool Schedule – October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Club Closed	Club Closed
6:00am							
7:00am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-8:30am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-9am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	Open Swim/ Lessons 7-8:30am	Open Swim/ Lessons 7am-3:30pm
8:00am		Kids & Fitness/ Lessons 8:30-11am					
9:00am			EDGE PT/ Adult Swim 9:30-10am	Cardio Splash 10-11am		Cardio Splash 10-11am	
10:00am	Open Swim/ Lessons 10am-12pm	Arthritis 11am-12pm	Arthritis 11am-12pm		Arthritis 11am-12pm		Open Swim/ Lessons 11am-12pm
11:00am							
12:00pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm	Open Swim/ Lessons 12-1pm	Open Swim/ Lessons 12-1pm	Open Swim/ Lessons 12-1pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm	Open Swim/ Lessons 9:30a-3:30p	
1:00pm		EDGE PT/ Adult Swim 1-3:15pm	EDGE PT/ Adult Swim 1-3:15pm	EDGE PT/ Adult Swim 1-3:15pm			
2:00pm							EDGE PT/ Private Lessons 3:15-4:45pm
3:00pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4:45-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm			
4:00pm							
5:00pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4:45-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4:45-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm	
6:00pm							
7:00pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4:45-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4:45-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm	
8:00pm							

Reminders

- ❖ Children who are not toilet trained must wear disposable swim diaper AND fitted outer swim cover.
- ❖ Parents/Guardians must check diapers frequently.
- ❖ Children age 14 and younger must be closely monitored by an adult in the pool area.
- ❖ Children age 14 and younger are not permitted in the hot tub.
- ❖ Adult Swim Hours = No Children, Open Swim Hours = All Ages.
- ❖ Questions or concerns: rodneyc@edgevt.com