

Williston Lap Pool Schedule – September, 2019*

Note: Youth Swim Team and Masters Practices resume this month.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Williston EDGE Open 7-11am Swim Team 7:30-9am (6)	3 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	4 Swim Team 6-7:30am (4) Masters 7:45-9am (5) Cardio Surge 9-10am (3) Swim Team 4-8:30pm (6)	5 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	6 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6)	7 Masters 7-8:30am (4) Swim Team 8:30-11:30am (6)
8	9 Masters 5:45-7am (6) Swim Team 4-8:30pm (6)	10 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	11 Swim Team 6-7:30am (4) Masters 7:45-9am (5) Cardio Surge 9-10am (3) Swim Team 4-8:30pm (6)	12 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	13 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6)	14 Masters 7-8:30am (4) Swim Team 8:30-11:30am (6)
15	16 Masters 5:45-7am (6) Swim Team 4-8:30pm (6)	17 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	18 Swim Team 6-7:30am (4) Masters 7:45-9am (5) Cardio Surge 9-10am (3) Swim Team 4-8:30pm (6)	19 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	20 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6)	21 Masters 7-8:30am (4) Swim Team 8:30-11:30am (6)
22	23 Masters 5:45-7am (6) Swim Team 4-8:30pm (6)	24 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	25 Swim Team 6-7:30am (4) Masters 7:45-9am (5) Cardio Surge 9-10am (3) Swim Team 4-8:30pm (6)	26 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	27 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6)	28 Masters 7-8:30am (4) Swim Team 8:30-11:30am (6)
29	30 Masters 5:45-7am (6) Swim Team 4-8:30pm (6)	October 1 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	2 Swim Team 6-7:30am (4) Masters 7:45-9am (5) Cardio Surge 9-10am (3) Swim Team 4-8:30pm (6)	3 Masters 5:30-6:45am (6) Masters 6:45-8am (5) Masters 10:45am-Noon Swim Team 4-8:30pm (6)	4 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6)	5 Masters 7-8:30am (4) Swim Team 8:30-11:30am (6)

*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: rodnevc@edgevt.com