

# Williston Lap Pool Schedule – August 19-31, 2019\*

Note: Youth Swim Team will not practice again until the final week of August

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|--|---|---|---|--|---|---|
|  |   |   |   | <b>1</b><br><b>Masters</b><br>5:45-7am (6)<br><br><b>Swim Team</b><br>7-10:45am (6)<br><br><b>Masters</b><br>10:45am-12pm (5)  | <b>2</b><br><b>Swim Team</b><br>8:30-10am (6)<br><br><b>Cardio Surge</b><br>10-11am (3)   | <b>3</b><br><b>Masters</b><br>7-8:30am (4)  |
| <b>4</b>   | <b>5</b><br><b>Cardio Surge</b><br>10-11am (3)<br><br><b>Camp EDGE</b><br>1-3pm (2) | <b>6</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon<br><br><b>Camp EDGE</b><br>1-3pm (2)        | <b>7</b><br><b>Camp EDGE</b><br>1-3pm (2)   | <b>8</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon  | <b>9</b><br><b>Cardio Surge</b><br>10-11am (3)  | <b>10</b><br><b>Masters</b><br>7-8:30am (4)   |
| <b>11</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b> | <b>12</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>                  | <b>13</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>  | <b>14</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>                        | <b>15</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>   | <b>16</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>                        | <b>17</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b>                      |
| <b>18</b><br><br><b>All Pools Closed</b><br><b>Annual Cleaning</b> | <b>19</b><br><b>No Cardio Surge</b><br><br><b>Camp EDGE</b><br>1-3pm (2)            | <b>20</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon<br><br><b>Camp EDGE</b><br>1-3pm (2)       | <b>21</b><br><b>Cardio Surge</b><br>9-10am (3)<br><br><b>Camp EDGE</b><br>1-3pm (2)       | <b>22</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon<br><br><b>Swim Team Clinic</b><br>4:30-6:00pm (5) | <b>23</b><br><b>Cardio Surge</b><br>9-10am (3)  | <b>24</b><br><b>Masters</b><br>7-8:30am (4)   |
| <b>25</b>  | <b>26</b><br><b>No Cardio Surge</b><br><br><b>Swim Team</b><br>5:30-8:30pm (6)      | <b>27</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon<br><br><b>Swim Team</b><br>5:30-8:30pm (6) | <b>28</b><br><b>Cardio Surge</b><br>9-10am (3)<br><br><b>Swim Team</b><br>5:30-8:30pm (6) | <b>29</b><br><b>Masters</b><br>5:30-6:45am (6)<br><br><b>Masters</b><br>6:45am-8am (5)<br><br><b>Masters</b><br>10:45am-Noon<br><br><b>Swim Team</b><br>5:30-8:30pm (6)        | <b>30</b><br><b>Cardio Surge</b><br>9-10am (3)<br><br><b>Swim Team</b><br>4:00-7:30pm (6) | <b>31</b><br><b>Masters</b><br>7-8:30am (4)<br><br><b>Swim Team</b><br>8:30-10:30am (6) |

\*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: [rodnevc@edgevt.com](mailto:rodnevc@edgevt.com)