

# EASTWOOD POOL SCHEDULE

JUNE 1 - JUNE 15, 2025



MON

TUE

WED

THU

FRI

SAT

SUN

Swim Team  
4:30-7:15pm  
(L1-L8)

**Masters**  
5:45-8am  
(L2-L7)  
11am-12pm  
(L2-L7)

**Aqua Fit Cardio**  
9-10am  
(L6-L8)  
*\*no instructor\**

**Swim Team**  
5:15-7:15pm  
(L1-L8)

**Aqua Fit Cardio**  
9-10am  
(L4-L8)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Masters**  
5:45-8am  
(L2-L7)  
11am-12pm  
(L2-L7)

**Swim Team**  
5:15-7:15pm  
(L1-L8)

**Swim Team**  
6-7:30am  
(L3-L7)

**Aqua Fit Cardio**  
9-10am  
(L4-L8)

**Swim Team**  
4:30-7:15pm  
(L1-L8)

**Masters**  
7-8:15am  
(L2-L7)

**Swim Team**  
8:15-10am  
(L3-L7)

**Swim Lessons**  
9:30-10am (L1-2)  
10am-12:30pm  
(L2-3)

**Cardio Surge**  
10:30-11:30am  
(L4-L8)

**Swim Team**  
1-4:30pm (L2)  
*6/7 only*

**Group Lessons**  
10am-1pm  
(L6-L8)

**Swim Lessons**  
10am-1pm  
(L5)

*\*\*Private lessons  
sometimes held  
before and after  
group lessons in  
lane 8\*\**

**Masters**  
3-4pm  
(L5-L7)  
*6/1 only*

**\*Subject to Change\***

The aquatic center closes 30 minutes prior to the club.

**THE  
EDGE**

# EASTWOOD POOL SCHEDULE

JUNE 16 - JUNE 30, 2025



MON	TUE	WED	THU	FRI	SAT	SUN
<b>Swim Team</b> 6-8am (L4-L8)  <b>Swim Team</b> 4:30-7:15pm (L1-L8)	<b>Masters</b> 5:45-8am (L2-L7) 11am-12pm (L2-L7)  <b>Aqua Fit Cardio</b> 9-10am (L4-L8)  <b>Swim Team</b> 5:15-7:15pm (L1-L8)	<b>Swim Team</b> 6-8am (L4-L8)  <b>Aqua Fit Cardio</b> 9-10am (L4-L8)  <b>K&amp;F Swim Lessons</b> 10am-12pm (L7-L8) <i>Starting 6/18</i>  <b>Swim Team</b> 4:30-7:15pm (L1-L8)	<b>Masters</b> 5:45-8am (L2-L7) 11am-12pm (L2-L7)  <b>K&amp;F Swim Lessons</b> 9-11am (L7-L8) <i>Starting 6/19</i>  <b>Swim Team</b> 5:15-7:15pm (L1-L8)	<b>Swim Team</b> 6-8am (L1-L8)  <b>Aqua Fit Cardio</b> 9-10am (L4-L8)  <b>Swim Team</b> 4:30-5:30pm (L1-L8)	<b>Masters</b> 7-8:15am (L2-L7)  <b>Swim Team</b> 8:15-10am (L1-L8) <i>(only L2-L7 for 6/28)</i>  <b>Swim Lessons</b> 9:30-10am (L1-2) 10am-12:30pm (L2-3)  <b>Cardio Surge</b> 10:30-11:30am (L4-L8)	<b>Group Lessons</b> 10am-1pm (L6-L8)  <b>Swim Lessons</b> 10am-1pm (L5)  <i>**Private lessons sometimes held before and after group lessons in lane 8**</i>

**\*Subject to Change\***

The aquatic center closes 30 minutes prior to the club.

## Swim Team Cancellations:

Fri, June 20: 6-8am  
Sat, June 21: 8:15-10am  
Mon, June 23: 6-8am

**THE  
EDGE**