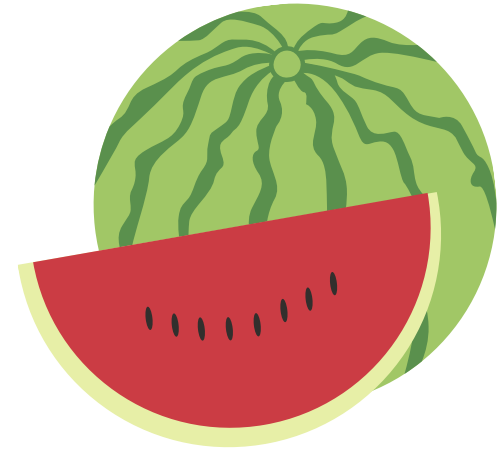


# EASTWOOD POOL

## SCHEDULE

### AUGUST 2024



MON	TUE	WED	THU	FRI	SAT	SUN
<b>Aqua Fit Cardio</b> 9am-10am (L4-L8) <i>(no class 8/19 &amp; 8/26)</i>  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Masters</b> 5:45am-8am (L2-L7) 11am-12pm (L2-L7)  <b>K&amp;F Swim Lessons</b> 9am-11am (L7-L8)  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Aqua Fit Strength</b> 9am-10am (L4-L8) <i>(no class 8/21 &amp; 8/28)</i>  <b>K&amp;F Swim Lessons</b> 10am-12pm (L7-L8)  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Masters</b> 5:45am-8am (L2-L7) 11am-12pm (L2-L7)  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Aqua Fit Cardio</b> 9am-10am (L4-L8) <i>(no class 8/23 &amp; 8/30)</i>  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Masters</b> 7am-8:15am (L2-L7)  <b>Swim Lessons</b> 10am-1:30pm (L2)  <b>Cardio Surge</b> 10:30am-11:30am (L4-L8)  <b>Swim Team</b> 5:15pm-7:15pm (L1-L8)	<b>Group Lessons</b> 10am-1pm (L6-L8)

**\*Subject to Change\***

*The aquatic center closes 30 minutes prior to the club.*

The last day of **K&F Swim Lessons** is Tuesday, August 13th.  
**Swim Team** practices will only be from August 18th-31st.