

JANUARY

Eastwood Pool Schedule

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open 9am-12:30pm  HAPPY NEW YEAR!	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit Strength 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L4-L8) Cardio Surge 10:30am-11:30am (L5-L8)
Group Lessons 10am-1pm (L6-L8)	Aqua Fit Cardio 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit Strength 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Swim Team 6am-7:30am (L3-L7) Aqua Fit Cardio 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	Masters 7am-8:15 (L2-L7) Swim Team 8:15am-10am (L4-L8) Cardio Surge 10:30am-11:30am (L5-L8)
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Subject to change