

Eastwood Pool Schedule

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Aqua Fit 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Swim Team 6am-7:30am (L3-L7) Aqua Fit 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	2 Masters 7am-8:15 (L2-L7) Cardio Surge 10:30am-11:30am (L5-L8)
Group Lessons 10am-1pm (L6-L8)	Aqua Fit 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	5 Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	7 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Swim Team Sam-7: 30am (L3-L7) Aqua Fit 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	Masters 7am-8:15 (12-17) Swim Team 8:15a-10a (14-18) Cardio Surge 10:30am-11:30am (1.5-1.8)
Group Lessons 10am-1pm (L6-L8)	9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fith Aqua F	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8	Swim Team Lam-7:30am (L3-L7) Aqua Fit 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	16 Masters 7am-8:15 (L2-L7) Swim Team 8:15a-10a(L4-L8) Cardio Surge 10:30am-11:30am (L5-L8)
Group Lessons 10am-1pm (L6-L8)	Aqua Fit 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Aqua Fit 9am-10am (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim Team 4:15pm-7pm (L1-L8)	Swim Team 6am-7:30am (L3-L7) Aqua Fit 9am-10am (5-8) Swim Team 4:15pm-7pm (L1-L8)	23 Masters 7am-8:15 (L2-L7) Swim Team 8:15a-10a(L4-L8) Cardio Surge 10:30am-11:30am (L5-L8)
Open 7-11:30 Open 7-11:30	Closed Merry Christmas	5:45am-8am (L2-L7) 11am-12pm (L5-L8)	Aqua Fit 9am-10am (L5-L8) 3wim Team	28 Masters 5:45am-8am (L2-L7) 11am-12pm (L5-L8) Swim feam	Aqua Fit 9am-10am (5-8)	30 Masters 7am-8:15 (L2-L7) Swim (com 8:15a-10) (L4-L8) Cardio Surge 10:30am -11:30am (L5-L8)

Subject to change