



Eastwood Pool Schedule

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Masters 7am-8:15am (2-7) Swim Team 8:15-10am (3-7) Cardio Surge 10:30am-11:30am (5-8)
2	3 Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm		5 Aqua Fit (5-8) 9am-10am Swim Team (1-8) 4:15pm-7:00pm	6 Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	7 Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	8 Masters 7am-8:15am (2-7) Swim Team 8:15-10am (3-7) Cardio Surge 10:30am-11:30am (5-8)
9 Group Swim Lessons 10am-1pm Lanes 6-8	10 Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	11 Master Swim 5:45-7am (2-7) 7-8am (3-7) K&F 9am-11am (7,8) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	12 Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	13 Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	14 Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	15 Masters 7am-8:15am (2-7) Cardio Surge 10:30am-11:30am (5-8)
16 Group Swim Lessons 10am-1pm Lanes 6-8	17 Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	18 Master Swim 5:45-7am (2-7) 7-8am (3-7) K&F 9am-11am (7,8) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	19 Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	20 Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	21 Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	22 Masters 7am-8:15am (2-7) Swim Team 8:15-10am (3-7) Cardio Surge 10:30am-11:30am (5-8)
23/30 Group Swim Lessons 10am-1pm Lanes 6-8	24/31 Aqua Fit lanes 5-8 9am-10am Swim Team lanes 1-8 4:15pm-7:00pm	25 Master Swim 5:45-7am (2-7) 7-8am (3-7) K&F 9am-11am (7,8) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	26 Aqua Fit (5-8) 9am-10am K&F 10am-12pm (7,8) Swim Team (1-8) 4:15pm-7:00pm	27 Master Swim 5:45-7am (2-7) 7-8am (3-7) Swim Team 8am-10am (4-6) 4:15pm-7:00pm (1-8)	28 Swim Team lanes 4-8 6:00am-7:30am Aqua Fit 9am-10am (5-8) Swim Team lanes 1-8 4:15pm-7:00pm	29 Masters 7am-8:15am (2-7) Cardio Surge 10:30am-11:30am (5-8)

Subject to change