

# Spring & Summer 2023 Adult Program Guide

### LEARN TO PLAY – ADULT BEGINNER COURSE & MATCH PLAY

Held Mondays from 6:30-7:30pm at Essex & Tuesdays from 6:30-7:30pm at Eastwood (S1 & S2)

Our Learn to Play program is designed for beginners or players who need a refresher of the basic skills. This class is offered in 4 week sessions starting on Monday June 6th, 2022. Players will learn all the basic skills including serve and overheads in an active 60 minute group lesson followed by 30 minutes of match play. Edge Pros will help you learn basic tactics, rules and scoring. Registration is open through the Edge app or by calling the front desk at 879-7734 x2. Space is limited. Demo racquets are available for use. Age 17+

Session I - May 1st - May 30th (skips May 16th)

Session II - June 5th - June 26th

Session III – July 17th-August 7th (held outside from 6-730pm – 90 minute classes @ Essex)

4 week Session Fees: \$70 members and \$90 nonmembers (S1 & S2) / S3 – 90 minutes \$80m/ \$100nm

A minimum of 3 and maximum or 8 players is required to run the session. Play will be held on the indoor courts in the case of inclement weather during session 3.

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#### ADULT RISING PLAYER - 4 WEEK COURSE – Adv. beginner/low intermediate (2.0-2.5)

Held on Wednesdays 630-730pm (S1 & S2 only) @ Essex and Monday 6-7pm @ Eastwood

This 4 week course is designed for players who have completed Learn to Play and are rising to the next level or have some base skills but are looking to improve. This 4 week course will work on more advanced techniques including the use of spin on all strokes and work on point play tactics in a fun active 60 minute class. Minimum of 3 participants to run the course.

Session I – May 1<sup>st</sup> – May 31<sup>st</sup>, 2023 (no class May 17<sup>th</sup>)
Session II – June 5<sup>th</sup> – June 28<sup>th</sup>, 2023
Session III – July 10<sup>th</sup> – July 31<sup>st</sup> (Monday at Eastwood only)

4 Week Session Fees: \$80 members and \$100 nonmembers. A minimum of 3 and maximum or 8 players is required to run the session.

# **SUMMER DROP-IN DRILLS**

Our Drop-in Drills classes feature active drills and games taught by Edge pros at both our Essex and Eastwood locations. Classes may specify age and level, so please pick a class that is right for you. Please see the schedule below. Registration is available by calling or stopping by the front desk or register through our Edge App. Registration opens 72 hours in advance of the class time.

Drop-in times may be subject to change during the summer months. Please check our website for updates.

## Eastwood Drive Location - ages 15+

Monday - 12:30-1:30pm, level 3.5 & above Tuesday - 7:30-9pm, level 3.5 & above Wednesday & Friday - 12-1pm, level 3.5 & above Thursday - 10-11am & 6-7pm, level 2.0-2.5 Saturday - 3:30-5pm, level 3.5 & above

**Fees:** 1 class fee - 60 minute \$20m/\$25nm & 90 minute \$28m/\$33nm 10 packs - 60 minute \$180m/\$230nm & 90 minute \$260m/\$310nm

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#### **WOMENS' SUMMER TENNIS CAMPS @ ESSEX**

Taught by Tammy Azur, USPTA Elite Professional. Sign up for a 3 day camp at your level today! All camps are designed to tune up your technical and tactical play through active drills and structured point play. Camps will focus on doubles skills and tactics to help you compete at a higher level. Space is limited so please register early.

Women's 3.5+-4.0 - July 18th, 19th, & 20th from 9am-noon

Women's 3.0 - August 1st, 2nd, & 3rd from 9am-noon

Minimum of 4 and Maximum 8 participants to run camps. Fees: \$170 members / \$215 nonmembers

People interested in registering for this program may call the Essex Edge front desk at 879-7734 x2 or register through the Edge App. Registration opens May 15<sup>th</sup>, 2023.

Please contact Tammy Azur at tammya@edgevt.com for more information about our programs.

Edge Tennis also offers Private, Semi-Private and Private Group Lessons for all ages and abilities. Please visit our website, <u>www.edgevt.com</u>, and click on Sports/Tennis to view our private lesson options, pricing and a list of our available Tennis Professionals.