

Private Swim Lessons – Frequently Asked Questions

What are private lessons?

A private lesson is a 30 minute, 1 on 1 lesson for children or adults of all abilities. The instructors move at your pace and they are planned to meet the needs of the individual swimmer.

What are the current health and safety protocols?

The EDGE has consistently maintained strict health and safety protocols since reopening in June. We ask that masks will be worn at all times, by anyone who is unvaccinated, except while in the water for the lesson. Only the child and parent may be in the pool area – we do not currently allow for multiple family members to gather on deck during the lesson.

Must a parent be in the water for the lesson?

If a child is not a safe, independent swimmer in deep water, an adult must accompany the child in the water for the lesson. All EDGE pools are 4 to 4.5 feet deep, so the adult typically stands to assist the child through skills while the instructor teaches from the pool deck.

Are locker rooms and showers available?

Locker rooms and smaller pool-side family changing rooms are available at all clubs. A poolside shower is available for rinsing off before and after the lesson.

What should I bring to the lesson?

A large towel or two and a swimsuit. Very young children would require a disposable swim diaper as well as an outer cover or fitted swimsuit. Goggles are not required but are recommended for ages 4 and older. Some people like to bring flip flops or sandals for the pool deck. Infants and toddlers can bring their favorite water toys to the lesson if the parent thinks it would be helpful.

How often are the lessons and how long do they last?

We typically schedule a weekly lesson on the same day/time however you may discuss a different lesson schedule with your instructor. Each lesson lasts 30 minutes.

What are the lesson package options?

Member	4 - 30 mins sessions	\$162.00
Non Member	4 - 30 mins sessions	\$190.00
Member	6 - 30 mins sessions	\$243.00
Non Member	6 - 30 mins sessions	\$285.00
Member	8 - 30 mins sessions	\$324.00
Non Member	8 - 30 mins sessions	\$380.00

What if I need to cancel or reschedule?

We understand that things happen, however The EDGE observes a 24-hour cancellation policy. Late cancellations or no-shows are billed.

Other questions? Email swim@edgevt.com