

Williston Lap Pool Schedule – February 2020*

Program Info on Back ➡

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Pool News for February: <i>* February 7 & 8 No Swim Team Practice. (Also: Revised Swim Team Practice Feb 24-28).</i> <i>* February 8-16 South Burlington Eastwood Pool Closure, expect more members using Williston pool.</i> <i>* February 24-28 School Vacation. Camp EDGE will use two lanes 1-2pm during Vacation Week.</i> <i>* Lap Swimmers, please cancel your lane reservation when plans change; everyone will appreciate it!</i>						1 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:45am (4)
2 Dragon Boat 8-9am (1)	3 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	4 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	5 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	6 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	7 NO Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) NO Swim Team 4-7pm (6) 7-7:30pm (3)	8 Masters 7-8:30am (4) NO Swim Team 8:30-11:45am (5)
9 Dragon Boat 8-9am (1)	10 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	11 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	12 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	13 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	14 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (5)	15 Masters 7-8:30am (4) Swim Team 8:30-11:45am (5)
16 Dragon Boat 1-3pm (1)	17 Masters 5:45-7am (3) Swim Team 4-8:00pm (6) 8-8:30pm (5)	18 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	19 Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Swim Team 4-8:00pm (6)	20 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Swim Team 4-8:30pm (6)	21 Swim Team 6-7:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (5)	22 Masters 7-8:30am (4) Swim Team 8:30-11:45am (5)
23 Dragon Boat 8-9am (1)	24 Masters 5:45-7am (3) Swim Team 7-8:30am (4) Camp EDGE 1-2pm (2) Swim Team 4-8:00pm (6) 8-8:30pm (5)	25 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Camp EDGE 1-2pm (2) Swim Team 4-8:30pm (6)	26 NO Swim Team 6-7:30am (4) Masters 7:45-9am (3) Cardio Surge 9-10am (3) Camp EDGE 1-2pm (2) Swim Team 4-8:00pm (6)	27 Masters 5:30-6:45am (6) 6:45-8am (6) 10:45am-Noon (5) Camp EDGE 1-2pm (2) Swim Team 4-8:30pm (6)	28 Swim Team 7-8:30am (4) Cardio Surge 9-10am (3) Swim Team 4-7pm (6) 7-7:30pm (3)	29 Masters 7-8:30am (4) Swim Team 8:30-11:45am (5)

*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: rodneyc@edgevt.com

EDGE Aquatics Programs are meant to support each person's desire for a healthy active lifestyle. People who use the pools represent all walks of life. Our professional aquatics staff is here to assist you in any way we can.

Adults can find:

- * Private instruction to take up swimming as a new activity, to refine technique, or to prepare for competition
- * Group swimming for exercise or competition with a healthy social component
- * Group exercise classes in the pool designed with your fitness level in mind

Kids can find:

- * Group lessons taught by skilled instructors focused on confidence, skills, fun and safety, 6-week sessions
- * Private lessons tailored to a child's existing skills aimed at rapid progress, by appointment
- * Swim Team that welcomes new members year-round; a quick assessment is all it takes

Families can find:

- * Family-focused private swim lessons where all family members attend and gain relevant skills, by appointment
- * Opportunities to rent the pool for a birthday or movie night (weekend evenings)

Contact rodneyc@edgevt.com

Is there something you'd like to see offered in the pools at the EDGE that we don't currently offer? *Let us know.*