



Happy New Year 2020!

Essex - Gauthier Dr

9:30 am  * Launch Kaitie & Kristy

9:15 am GRIT Cardio Launch Kari & Jess

9:45 am GRIT Strength Launch Kari & Jess

10:30 am  Steph

South Burlington - West Twin Oaks Terrace

9:30 am ZUMBA Jenn & Christian

10:45 am  Michelle

Williston

9:30 am  Brian & Courtney

10:45 am  Aimee

*10:00am Virtual SPRINT & 10:45 am Virtual RPM W. Twin Oaks Terr SB

11:00 am Virtual SPRINT Gauthier Dr Essex

*pre-registration required

**NEW RELEASE LAUNCH FOR RPM and GRIT! NEW MUSIC & NEW MOVES FOR
THE NEW YEAR!**