

# Youth Swim Lessons

## Winter 2020



The EDGE will prepare everyone in your family for years of safe, efficient swimming. Group lessons will be offered at all club locations. Lessons meet once weekly for six weeks.

**Winter Session 1: January 6 – February 15**

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### **Splash Infant Toddler Group Lessons** (6mos-3yrs)

'Splash' classes allow children, accompanied by a caregiver, to discover the water through song, play, and specific skills. The lessons help children develop aquatic readiness skills in a safe environment.



### **Preschool Group Lessons** (3-5yrs)

Children learn in small groups (4:1) under the supervision of a trained instructor who encourages swimmers to be safe, try new things and swim with confidence. It often takes two sessions for a student to complete a level.



### **Learn to Swim Youth Group Lessons** (5-14yrs)

Children acquire basic skills in 'Learn to Swim' small group lessons. Instructors encourage participants to enjoy the water, gain confidence, and swim safely. It often takes two sessions for a student to complete a level.



### **Stroke Development** (8-14yrs)

Swimmers who have moved beyond basic skills and are ready to practice strokes and are prepared to swim multiple laps unassisted are ready for Stroke Development. Group sessions are conducted similar to a swim team workout.



### **Private Lessons** (All ages)

Some children respond better to private lessons. We've found that great progress can be made by scheduling one or two 30-minute lessons per week. Lesson packages can be purchased at all EDGE locations.

## **Splash Infant & Toddler Group Lessons**

Six 30-minute group lessons per session. Members \$75.00/Non-members \$110.00

	Essex, Morse	South Burlington, Eastwood	Williston
Splash 1 (6mos-18mos)	Sat 9:30-10:00am	Sat 9:30-10:00am	Sat 8:30-9:00am
Splash 2 (18mos-3yrs)	Sat 10:00-10:30am	Sat 10:00-10:30am	Sat 9:00-9:30am

*\* Swimming diaper AND leak-proof covering required for children who are not toilet trained.*

## **Preschool Group Lessons**

Six 30-minute group lessons per session. Members \$75.00/Non-members \$110.00

	Essex, Morse	S. Burlington, Eastwood	Williston
Preschool 1	Sat 10:30-11:00am	Sat 10:30-11:00am	Sat 9:30-10:00am
Preschool 2	Sat 11:00-11:30am	Sat 11:00-11:30am	Sat 10:00-10:30am
Preschool 3	Sat 11:30am-12:00pm	Sat 11:30-12:00am	Sat 10:30-11:00am

## **Learn to Swim Youth Group Lessons**

Six 30-minute group lessons per session. Members \$75/Non-Members \$110.

	Essex, Morse	S. Burlington, Eastwood	Williston
Learn to Swim 1	Tue 5:30-6pm or Wed 4-4:30pm	Wed 4:30-5pm or Fri 4-4:30pm	Mon or Tue 5-5:30pm Wed or Thu 5:30-6pm
Learn to Swim 2	Tue 5-5:30pm or Wed 4:30-5pm	Wed 5pm-5:30 or Fri 4:30-5pm	Mon or Tue 5:30-6pm Wed or Thu 4:30-5pm
Learn to Swim 3	Tue 4:30-5pm or Wed 5-5:30pm	Mon 4:30-5pm, Wed 5:30-6pm or Fri 5-5:30pm	Mon or Tue 4:30-5pm Wed or Thu 5-5:30pm

## **Learn to Swim 4 and Stroke Development Lessons**

Six 45-minute group lessons per session. Members \$85/Non-Members \$120

	Essex, Gauthier	S. Burlington, Eastwood	Williston
Learn to Swim 4	Wed 5:30-6pm or Thu 5-5:45pm	Mon 5-5:45pm or Fri 5:30-6:15pm	Mon 3:45-4:30pm or Tues 3:45-4:30pm
Stroke Development	Tue 3:45-4:30pm or Thu 5:45-6:30pm	Mon 5:45-6:30pm	Wed 3:45-4:30pm or Thurs 3:45-4:30pm

## **Private Lessons**

Lessons are booked on a first-come first-served basis. Some days and times are in very high demand. While private instruction can be arranged around your schedule and tailored to address your specific please provide a range of possible days and times so that we can work to connect you with an instructor soon. Click [HERE](#) or contact your aquatics director to submit private lesson request.

Private 1 client / 1 instructor, 30 Minutes	Semi-Private 2 clients / 1 instructor, 30 Minutes
4-Pack Mem \$120 / Non-Mem \$180	4-Pack Mem \$100 per person / Non-Mem \$150 per person
6-Pack Mem \$160 / Non-Mem \$240	6-Pack Mem \$135 per person / Non-Mem \$203 per person
8-Pack Mem \$190 / Non-Mem \$285	8-Pack Mem \$160 per person / Non-Mem \$240 per person

## **Contact Information**

Essex [benj@edgevt.com](mailto:benj@edgevt.com), South Burlington [benj@edgevt.com](mailto:benj@edgevt.com), Williston [rodneyc@edgevt.com](mailto:rodneyc@edgevt.com)

**CANCELLATIONS:** You may cancel your session as late as three days before the start of the session, and transfer the credit towards another session within a 6 month period. There will be no monetary refunds for lessons cancelled or no-showed by the client during the session. In person assessments not required. Contact aquatics staff if unsure about your child's placement. The Edge reserves the right to combine class levels or cancel swim lessons due to low enrollment.