Williston Program Pool Schedule – September

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am 6:00am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Club Closed	Club Closed
7:00am 8:00am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-8:30am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-9am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	Open Swim/ Lessons 7-8:30am	Open Swim/ Lessons 7am-3:30pm
9:00am		Kids & Fitness/ Lessons 8:30-11am		Kids & Fitness/ Lessons		Lessons Only 8:30-9:30am	
10:00am	Open Swim/ Lessons 10am-12pm		Cardio Splash 10-11am		Cardio Splash 10-11am	Open Swim/ Lessons 9:30a-3:30p	
11:00am		Open Swim/ Lessons 11am-1pm	Arthritis 11am-12pm	Arthritis 11am-12pm	Open Swim/ Lessons 11am-12pm		
12:00pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm		Open Swim/ Lessons 12-1pm	Open Swim/ Lessons 12-1pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm		
1:00pm 2:00pm 3:00pm		EDGE PT/ Adult Swim 1-3:15pm	EDGE PT/ Adult Swim 1-3:15pm	EDGE PT/ Adult Swim 1-3:15pm			
3.00pm		EDGE PT/ Private Lessons	EDGE PT/ Private Lessons 3:15-4pm	EDGE PT/ Private Lessons			
4:00pm	Open Swim/ Lessons 4-8:30pm	3:15-4:45pm	Open Swim/ Lessons 4-8:30pm	3:15-4:45pm	Open Swim/ Lessons 4-8:30pm		
5:00pm 6:00pm 7:00pm		Open Swim/ Lessons 4:45-8:30pm		Open Swim/ Lessons 4:45-8:30pm			

Reminders

- Children who are not toilet trained must wear disposable swim diaper AND fitted outer swim cover.
- Parents/Guardians must check diapers frequently.
- Children age 14 and younger must be closely monitored by an adult in the pool area.
- Children age 14 and younger are not permitted in the hot tub.
- Adult Swim Hours = No Children, Open Swim Hours = All Ages.
- Questions or concerns: rodneyc@edgevt.com