Williston Program Pool Schedule – Aug 19-31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am 6:00am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Adult Swim/ Lessons 5-7am	Club Closed	Club Closed
7:00am 8:00am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-8:30am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	EDGE PT/ Adult Swim/ Private Lessons 7-9am	EDGE PT/ Adult Swim/ Private Lessons 7-10am	Open Swim/ Lessons 7-8:30am	Open Swim/ Lessons 7am-3:30pm
9:00am		Kids & Fitness/ Lessons 8:30-11am		Kids & Fitness/ Lessons		Lessons Only 8:30-9:30am	
10:00am	Open Swim/ Lessons 10am-12pm		Cardio Splash 10-11am	9-11am	Cardio Splash 10-11am	Open Swim/ Lessons 9:30a-3:30p	
11:00am		Open Swim/ Lessons 11am-1pm	Arthritis 11am-12pm	Arthritis 11am-12pm	Open Swim/ Lessons 11am-12pm		
12:00pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm		Open Swim/ Lessons 12-1pm	Open Swim/ Lessons 12-1pm	EDGE PT/ Adult Swim/ Private Lessons 12-4pm		
1:00pm 2:00pm		EDGE PT/ Adult Swim/ Private Lessons 1-3pm	EDGE PT/ Adult Swim/ Private Lessons 1-4pm	EDGE PT/ Adult Swim/ Private Lessons 1-3pm			
3:00pm		EDGE PT/ Private Lessons		EDGE PT/ Private Lessons			
4:00pm		3-4:45pm		3-4:45pm			
5:00pm 6:00pm 7:00pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm	Open Swim/ Lessons 4-8:30pm		

Reminders

- Children who are not toilet trained must wear disposable swim diaper AND fitted outer swim cover.
- Parents/Guardians must check diapers frequently.
 Children age 14 and younger must be closely monitored by an adult in the pool area.
 Children age 14 and younger are not permitted in the hot tub.
 Adult Swim Hours = No Children, Open Swim Hours = All Ages.
 Questions or concerns: rodneyc@edgevt.com