

Williston Lap Pool Schedule – August 2019*

Note: Youth Swim Team will not practice again until the final week of August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Masters 5:45-7am (6) Swim Team 7-10:45am (6) Masters 10:45am-12pm (5)	2 Swim Team 8:30-10am (6) Cardio Surge 10-11am (3)	3 Masters 7-8:30am (4)
4	5 Cardio Surge 10-11am (3) Camp EDGE 1-3pm (2)	6 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon Camp EDGE 1-3pm (2)	7 Camp EDGE 1-3pm (2)	8 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon	9 Cardio Surge 10-11am (3)	10 Masters 7-8:30am (4)
11 All Pools Closed Annual Cleaning	12 All Pools Closed Annual Cleaning	13 All Pools Closed Annual Cleaning	14 All Pools Closed Annual Cleaning	15 All Pools Closed Annual Cleaning	16 All Pools Closed Annual Cleaning	17 All Pools Closed Annual Cleaning
18 All Pools Closed Annual Cleaning	19 No Cardio Surge Camp EDGE 1-3pm (2)	20 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon Camp EDGE 1-3pm (2)	21 Cardio Surge 9-10am (3) Camp EDGE 1-3pm (2)	22 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon	23 Cardio Surge 9-10am (3)	24 Masters 7-8:30am (4)
25	26 No Cardio Surge Camp EDGE 1-3pm (2) Swim Team 5:30-8:30pm (6)	27 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon Camp EDGE 1-3pm (2) Swim Team 5:30-8:30pm (6)	28 Cardio Surge 9-10am (3) Camp EDGE 1-3pm (2) Swim Team 5:30-8:30pm (6)	29 Masters 5:30-6:45am (6) Masters 6:45am-8am (5) Masters 10:45am-Noon Swim Team 5:30-8:30pm (6)	30 Cardio Surge 9-10am (3) Swim Team 4:00-7:30pm (6)	31 Masters 7-8:30am (4) Swim Team 8:30-10:30am (6)

*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: rodnevc@edgevt.com