

Williston Lap Pool Schedule – February 2019*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Swim Team 6:00-7:30am (2) Innovative Edge 9-10am (3) Swim Team 4:00-7:00pm (6)	2 Masters 7-8:30am (4) Swim Team* 8:30-11:30am (5)
3	4 Masters 5:45-7:00am (3) Cardio Surge 9:00-10:00am (3) Swim Team 4:00-8:00pm (6)	5 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	6 Swim Team 6:00-7:30am (3) Masters 7:45-9:00am (3) Cardio Surge 9-10am (3) Swim Team 4:00-8:00pm (6)	7 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	8 Innovative Edge 9-10am (3) Swim Team 4:00-7:00pm (6)	9 Masters 7-8:30am (4) Swim Team* 8:30-11:30am (5)
10	11 Masters 5:45-7:00am (3) Cardio Surge 9:00-10:00am (3) Swim Team 4:00-8:00pm (6)	12 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	13 Swim Team 6:00-7:30am (3) Masters 7:45-9:00am (3) Cardio Surge 9-10am (3) Swim Team 4:00-8:00pm (6)	14 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	15 Swim Team 6:00-7:30am (2) Innovative Edge 9-10am (3) Swim Team 4:00-7:00pm (6)	16 Masters 7-8:30am (4) Swim Team* 8:30-11:30am (5)
17	18 Masters 5:45-7:00am (3) Cardio Surge 9:00-10:00am (3) Swim Team 4:00-8:00pm (6)	19 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	20 Swim Team 6:00-7:30am (3) Masters 7:45-9:00am (3) Cardio Surge 9-10am (3) Swim Team 4:00-8:00pm (6)	21 Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Swim Team 4:00-8:30pm (6)	22 Swim Team 6:00-7:30am (2) Innovative Edge 9-10am (3) Swim Team 4:00-7:00pm (6)	23 Masters 7-8:30am (4) Swim Team* 8:30-11:30am (5)
24	25 (School Vacation) Masters 5:45-7:00am (3) Cardio Surge 9:00-10:00am (3) Camp EDGE 1:00-2:00pm (1) Swim Team 4:00-8:00pm (6)	26 (School Vacation) Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Camp EDGE 1:00-2:00pm (1) Swim Team 4:00-8:30pm (6)	27 (School Vacation) Swim Team 6:00-7:30am (3) Masters 7:45-9:00am (3) Cardio Surge 9-10am (3) Camp EDGE 11a-12:00p (1) Swim Team 4:00-8:00pm (6)	28 (School Vacation) Masters 5:30-6:45am (6) Masters 6:45-8:00am (5) Masters 10:45am-12pm (5) Camp EDGE 1:00-2:00pm (1) Swim Team 4:00-8:30pm (6)	March 1 (School Vacation) Swim Team 6:00-7:30am (2) Innovative Edge 9-10am (3) Camp EDGE 1:00-2:00pm (1) Swim Team 4:00-7:00pm (6)	

*Subject to change due to swim team competition schedule. Please contact front desk for current schedule 802-864-8044. Questions: rodneyc@edgevt.com