

April 2018 - Lap Pool Schedule - South Burlington, Eastwood

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Group Lessons 4-6pm (7&8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	3 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8) Swim & Stay Fit 5:30-6:45pm (Ln 7&8)	4 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 5&6) Group Lessons 4-6pm (7&8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	5 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8)	6 PT 7am-5pm (Ln 1) Aqua Power 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 7&8)	7 Power Waves 9-10am (Ln 6-8)
9 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 5&6) Group Lessons 4-6pm (7&8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	10 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8) Swim & Stay Fit 5:30-6:45pm (Ln 7&8)	11 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 5&6) Group Lessons 4-6pm (7&8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	12 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8) Swim & Stay Fit 5:30-6:45pm (Ln 7&8)	13 PT 7am-5pm (Ln 1) Aqua Power 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 7&8)	14 Group Lessons 8:30-11am (Ln 1&2) Power Waves 9-10am (Ln 6-8)
16 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 5&6) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	17 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8)	18 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 5&6) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	19 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8)	20 PT 7am-5pm (Ln 1) Aqua Power 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Waldorf 4-5pm (Ln 7&8)	21 Power Waves 9-10am (Ln 6-8)
23 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	24 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8)	25 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)	26 PT 7am-5pm (Ln 1) Water Wave 9-10am (Ln 6-8)	27 PT 7am-5pm (Ln 1) Aqua Power 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8)	28 Power Waves 9-10am (Ln 6-8)
30 PT 7am-5pm (Ln 1) Cardio Wave 9-10am (Ln 6-8) Just My Speed 10:15-11am (Ln 6-8) Group Lessons 4-6pm (7&8) Cardio Combo 5:30-6:30pm (Ln 6-8) Adult Swim 6:30-7:30pm (Ln 8)					Aqua Zumba 9am on Sundays

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