

2018 Winter Program Pool Schedule - Williston

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|--|---|---|--|
| Adult Swim (5:00 - 7:00am) | Adult Swim (5:00 - 7:00am) | Adult Swim (5:00 - 7:00am) | Adult Swim (5:00 - 7:00am) | Adult Swim (5:00 - 7:00am) | | |
| Edge PT/Adult Swim (7:00-10:00) | Edge PT/Adult Swim (7:00 - 9:00) | Edge PT/Adult Swim (7:00 - 8:30) | Edge PT/Adult Swim (7:00 - 8:30) | Edge PT/Adult Swim (7:00 - 10:00) | Open Swim (7:00am - 12:00pm) Group Lessons (9:00am - 11:00am) | Open Swim/ Private Swim Lessons |
| | Kids & Fitness (9:00 - 11:00) | Kids & Fitness/ Edge PT (8:30-9:30) | Kids & Fitness/ Edge PT (8:30-9:00) | | | |
| Pvt. Lessons/Family Swim (10:00 - 11:00) | Kids & Fitness (9:00 - 11:00) | Edge PT/Adult Swim (9:30 - 10:00) | Kids & Fitness (9:00 - 11:00) | Cardio Combo (10:00-11:00) | | |
| Arthritis (11:00-12:00) | | Arthritis (11:00-12:00) | Arthritis (11:00-12:00) | Arthritis (11:00-12:00) | | |
| Edge PT/Adult Swim (12:00 - 4:00pm) | Open Swim (12:00 - 1:00pm) | Pvt.Lesson/Family Swim (12-1pm) | Open Swim (12:00 - 1:00pm) | Edge PT/Adult Swim (12:00-4:00pm) | | |
| | Edge PT/Adult Swim (1:00 - 3:00) | Edge PT/Adult Swim (1:00 - 4:00) | Edge PT/Adult Swim (1:00 - 3:00) | | | |
| Edge PT/Private Lessons (3:00-4:00) | Edge PT/Private Lessons (3:00-4:00) | | | | | |
| Open Swim/Pvt. Lessons (4:00 - close) | Edge PT/Group Swim Lessons (4:00-4:45) | Open Swim/Pvt. Lessons (4:00 - close) | Edge Pt/Group Swim Lessons (4:00-4:45) | Open Swim/Pvt. Lessons (4:00 - close) | | |
| | Group Lessons/Open Swim (4:45-close) | | Group Lessons/Open Swim (4:45-close) | | | |