


March 2018 – Lap Pool Schedule - Williston

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	2 Swim Team 6:00-7:00am (2) Cardio Combo 10-11am (3)	3 Swim Team 8:30-9:45am (6) 9:45-10:30am (4) Masters 7-8:30am (4)
5 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	6 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45am-Noon (5) Swim Team 4:00-6:30pm (6) 7:00pm-8:30pm (6)	7 Swim Team 6:00-7:00am (2) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-6:30pm (6) 7:00pm-8:30pm (6)	8 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	9 Swim Team 6:00-7:00am (2) Cardio Combo 9-10am (3) Swim Team 6:00-8:00pm(6)	10 Swim Team 8:30-9:45am (6) 9:45-10:30am (4) Masters 7-8:30am (4)
12 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	13 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)	14 Swim Team 6:00-7:00am (2) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	15 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	16 Swim Team 6:00-7:00am (2) Cardio Combo 9-10am (3) Swim Team 4:00-5:00pm (5) 5:00-8:00pm(6)	17 Masters 7-8:30am (4)
19 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:30-6:30pm (3)	20 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:30-6:30pm (3)	21 Swim Team 6:00-7:00am (2) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:30-6:30pm (3)	22 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45-Noon (5)	23 Cardio Combo 9-10am (3)	24 Masters 7-8:30am (4)
26 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-4:45pm (5) 4:45-8:30pm (6)	27 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:00-4:45pm (5) 4:45-8:00pm (6)	28 Swim Team 6:00-7:00am (3) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-4:45pm (5) 4:45-8:30pm (6)	29 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45-Noon (5) Swim Team 4:00-4:45pm (5) 4:45-8:00pm (6)	30 Swim Team 6:00-7:00am (3) Cardio Combo 9-10am (3) Swim Team 4:00-7:00pm (6)	31 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:30 (4)