

October 2017 – Lap Pool Schedule - Williston

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	3 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)	4 Swim Team 6:00-7:00am (3) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	5 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	6 Swim Team 6:00-7:00am (4) Cardio Combo 10-11am (3) Swim Team 4:00-5:00pm (5) 5:00-8:00pm(6)	7 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:45am (4)
9 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	10 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)	11 Swim Team 6:00-7:00am (3) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	12 Masters 5:30-6:45am (6) 6:45-8:00am (4) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	13 Swim Team 6:00-7:00am (3) Cardio Combo 9-10am (3) Swim Team 4:00-5:00pm (5) 5:00-8:00pm(6)	14 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:45 (4)
16 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	17 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)	18 Swim Team 6:00-7:00am (3) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	19 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	20 Swim Team 6:00-7:00am (3) Cardio Combo 9-10am (3) Swim Team 4:00-5:00pm (5) 5:00-8:00pm(6)	21 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:45 (4)
23 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	24 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)	25 Swim Team 6:00-7:00am (3) Masters 7:45-9:00am-(3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	26 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45-Noon (5) Swim Team 4:00-8:00pm (6)	27 Swim Team 6:00-7:00am (3) Cardio Combo 9-10am (3) Swim Team 4:00-5:00pm (5) 5:00-8:00pm(6)	28 Masters 7-8:30am (4) Swim Team 8:30-10:30am (5) 10:30-11:45 (4)
30 Masters 5:45-7:00am (3) Aquatic Body 9-10am (3) Swim Team 4:00-8:00pm (6)	31 Masters 5:30-6:45am (6) 6:45-8:00am (5) 10:45am-Noon (5) Swim Team 4:00-8:00pm (6)				