

2017 Summer Program Pool Schedule - Williston

Updated 8/9/17

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 SPORTS & FITNESS PHYSICAL THERAPY KIDS & FITNESS "DEDICATED TO IMPROVING LIVES"						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim (5:00 - 7:00)	Adult Swim (5:00 - 7:00)	Adult Swim (5:00 - 7:00)	Adult Swim (5:00 - 7:00)	Adult Swim (5:00 - 7:00)		
Adult Swim/Pvt Lessons (7:00 - 8:30)	Edge PT/Adult Swim (7:00 - 8:30)	Edge PT/Adult Swim (7:00 - 8:30)	Edge PT/Adult Swim (7:00 - 8:30)	Adult Swim/Pvt lessons (7:00 - 9:15)	Open Swim (7:00 - 12:00)/ Group Lessons (8:30 - 11:30)	Open Swim/ Private Swim Lessons
Edge PT/Adult Swim/private lessons (8:30 - 10:00)	Pvt. Lessons (8:30 - 9:00)	Kids & Fitness/ Edge PT (8:30-9:30)	Pvt. Lessons (8:30 - 9:00)			
Pvt. and Grp Lessons/Family Swim (10:00 - 11:00)	Kids & Fitness (9:00 - 11:00)	Edge PT/Adult Swim (9:30 - 10:00)/private lesson	Kids & Fitness (9:00 - 11:00)	Edge PT/Adult Swim (9:15 - 10:00)/private lesson		
		Just My Speed (10:00 - 11:00)		Combo Class (10:00 - 11:00)		
Arthritis (11:00-12:00)	Arthritis (11:00-12:00)	Arthritis (11:00 - 12:00)	Arthritis (11:00-12:00)	Pvt. and Grp Lessons/Family Swim (11:00 - 12:00)		
Adult Swim/Pvt. Less (12:00 - 1:00)	Pvt. Lessons/Family Swim (12:00 - 1:00)	Family Swim/Pvt.Lessons (12-1pm)	Pvt. Lessons (12:00 - 12:30)	Edge PT/Adult Swim (12:00-3:15)		
			Adult Swim/Pvt. Less (12:30 - 1:00)			
Edge PT/Adult Swim (1:00 - 4:00)	Edge PT/Adult Swim (1:00 - 4:45)	Edge PT/Adult Swim (1:00 - 4:00)	Edge PT/Adult Swim (1:00 - 4:45)	Open Swim/Pvt. Lessons (3:15 - close)	Open Swim/ Private Swim Lessons (12:00 - close)	
Open Swim/Pvt. Lessons (4:00 - close)		Open Swim/Group Lessons (4:45 - close)	Open Swim/Pvt. Lessons (4:00 - close)			Open Swim/Group Lessons (4:45 - close)