

**EDGE** SPORTS & FITNESS  
PHYSICAL THERAPY  
KIDS & FITNESS



TENNIS 2017

Essex Gauthier Drive 879-7734 x2  
[www.edgevt.com](http://www.edgevt.com)

## **The Edge Tennis Department Mission**

The Edge tennis staff is here to help you learn, progress, and maximize your skills to achieve your highest level of play in the lifelong sport of tennis. Our goal is to provide you with the finest opportunities through exciting and challenging programs. Whether you are learning the basics or fine-tuning your game, no matter your skill or age, we have a program that will fit your needs. Give us a call and we can help you achieve your goals.

## **Essex Edge Staff**

**TAMMY AZUR** – Tennis Director, 879-7734 x1127, [tammya@edgevt.com](mailto:tammya@edgevt.com)

**DAVID GOLD** – Head Pro, 879-7734 x1140, [davidg@edgevt.com](mailto:davidg@edgevt.com)

**MEG OLSON** - Tennis Pro

**ERIC PARZIALE** – Tennis Pro, [ericp@edgevt.com](mailto:ericp@edgevt.com)

**DENNIS LANGDELL** – Tennis Pro, [dennisl@edgevt.com](mailto:dennisl@edgevt.com)

**JUSTIN PINARD** – Tennis Pro, [justinp@edgevt.com](mailto:justinp@edgevt.com)

## **Edge Payment Policy**

1. All payments are non-refundable and non-transferable.
2. Payments are due (in person or online) at the time of registration.
3. Late payments are subject to a 10% late fee.
4. Discounted package pricing applies to pre-payments only.
5. The Edge cannot guarantee the same instructor/trainer for each program but does guarantee the same level of service.
6. If a participant “no-shows” or cancels a private lesson/session without a 24 hour notice, then the participant will be charged for the session.
7. There are no “make-ups” for missed lessons/sessions. However, we will offer a make-up if we must cancel a lesson/session.

## **Online Registration**

The Edge Tennis Department wants to remind you that registration for most of our programs can be done online. CSI, our booking system will allow you to register for programs, book court reservations, and purchase lessons, all online through our website, [edgevt.com](http://edgevt.com). Use the program registration link on the Tennis page to login to CSI. Program Codes are listed in this guide to make finding the program of your choice easy. If you have any questions, please contact Tammy Azur, Essex Edge Tennis Director.

## Private Tennis Instruction

Lessons may be scheduled with the pro of your choice. Payment must be made prior to the lesson or the lesson cannot be booked. No-shows will forfeit payment unless cancellation of class is agreed on by the pro 24 hours in advance. You can purchase lessons online through the "Buy A Series Sale" icon in your account manager.

TYPE OF LESSON	MEMBER RATE	NON-MEMBER RATE
1 Private Lesson (1 hour)	\$70	\$85
4 Pack of Private Lessons	\$260	\$320
8 Pack of Private Lessons	\$500	\$615
1 Semi-Private Lesson (2 players for 1 hour)	\$40 per person	\$50 per person
4 Pack of Semi-Private	\$145 per person	\$180 per person
8 Pack of Semi-Private	\$265 per person	\$340 per person
Group Lesson – 1 Hour (3-6 players for 1 hour)	\$22 per person	\$30 per person
4 Pack of Group Lessons (1 hour lesson)	\$80 per person	\$108 per person
8 Pack of Group Lessons (1 hour lesson)	\$148 per person	\$200 per person
Group Lesson - 1.5 Hours (4-6 players for 1.5 hours)	\$30 per person	\$40 per person
4 pack or more of 1.5 Hour Group Lesson	\$28 per person per class	\$38 per person per class

### **Adult "New Member" Tennis Orientation**

Schedule your personalized free visit with any of the tennis professionals at The Edge and find out what the tennis department can do for you. The orientation is a ½ hour on court evaluation. You will be given a visual rating and advice on programs to best suit your tennis game. Plus receive 10% off your first private tennis lesson or package of lessons. It's just our way of saying, "Welcome to The Edge Tennis Program".

## Adult Programs

### Learn to Play Program @ Essex

**Tennis 1** – for beginners or players who need a refresher on the basic skills

**Tennis 2** – develop technique and learn to put your skills into on court play

**Tennis 3** – learn to play points and develop tactical play in singles and doubles

Learn to Play is taught by Justin Pinard at the Edge in Essex. This is a progressive program that is designed to teach you all the skills of tennis and get you playing points within 3 months. Sign up at the front desk for these 4 week sessions at a reduced introductory rate. Beginners must enroll in Tennis 1 before taking Tennis 2 or 3. Players may enroll in Tennis 2 or 3 if they have prior play experience.

**Fees: \$60 members / \$80 nonmembers**

<u>Class Day/Time</u>	<u>Program Code</u>	<u>Program Dates</u>
Tennis 1 / Monday 6:30-7:30pm	LTP1-MON	6/19-7/17 (skip 7/3)
Tennis 2 / Monday 6:30-7:30pm	LTP2-MON	7/24-8/14

### Adult Development - Drills for Skills @ Essex

Wednesday 6:30-7:30pm  
 Level 2.5-3.0

Taught by Justin Pinard at the Edge in Essex. Adult development is for the advanced beginner to low intermediate player looking to enhance their skills and tactical knowledge to improve match play. Active drills to train your skills plus simulated point play will be used during this one hour clinic. Please sign up online or at the front desk for the session prior to the start of class. Minimum of 4 to run class, maximum of 8. **Fees: \$70.00 – Member / \$90.00 – Non-member**

<u>Session #</u>	<u>Program Code</u>	<u>Program Dates</u>
Session I	ADEVS1	6/14-7/5
Session II	ADEVS2	7/12-8/2
Session III	ADEVS3	8/9-8/30

**Cardio Tennis @ Essex**

Wednesday 5:30-6:30pm Level 3.0-4.0

Be prepared to sweat and enjoy an on court aerobic tennis circuit that will be the talk of the club! The hour will consist of active drills and games that get you moving your feet and hitting a variety of shots. All classes are co-ed. Classes run weekly. **Space is limited to 8 players per class so please sign up online (Classes icon) or by calling the front desk at least 24 hours in advance.**

**1 Class Fee: \$12.00 – Member / \$18.00 – Nonmember**  
**10 Punch Card Fee: \$100.00 - Member / \$150.00 – Nonmember**

**Senior Instruction & Play –  
Tuesday**

Age 65+ Level 2.5-3.0

Games based teaching methods are used to encourage plenty of fun and an enhanced learning environment. A one hour clinic followed by 30 minutes of free play. Maximum number of participants is eight (8) with one court.

**Essex – Tuesday 1:30-3:00pm**

**\$10.00/wk – Member**

**\$15.00/wk – Non-Member**

**Adult Mixed Doubles  
Drop-In League  
June 13<sup>th</sup> – Aug 22<sup>nd</sup>**

**NEW**

**Tuesday Evenings  
6:00-8:00pm @ Essex**

This program runs June 13<sup>th</sup> through August 22<sup>nd</sup> on the outdoor Har-Tru courts. Good competition and fun is the goal for this mixed doubles league. Drop in each week for some fun competition. Players will be paired up each week or you can come with a partner. Level of play is 3.5-4.0.

Fees: \$5 member & \$10 nonmember per person



## Adult Men's & Women's Tennis Camps

Taught by Tammy Azur, Tennis Director & David Gold at the Edge in Essex

Sign up for the 2 or 3 day camp at your level. Camp registration begins on May 15<sup>th</sup>, 2017. Register before May 31<sup>st</sup> and save 10% off! All camps are designed to tune up your technical and tactical play through active drills and structured point play. These comprehensive programs will get you ready for the tough competition ahead!

DAY	DATES	TIME	FEE	Location
Men's 3.5 Camp by DG	July 8 & 9	9-11am	M- \$60 NM-\$80	Essex Har-Tru
Women's 3.5- 4.0 Camp by TA	July 11, 12, 13	9am- 12pm	M- \$140 NM- \$180	Essex Indoor
Women's 3.0 Camp by TA	August 1, 2, 3	9am- 12pm	M-\$140 NM-\$180	Essex Indoor
Men's 3.0 Camp by DG	August 12& 13	9-11am	M- \$60 NM-\$80	Essex Har-Tru

Minimum of 4 and Maximum 12 participants to run camps.

### **ADULT SINGLES TENNIS LADDER**

Ladder play runs from June 1<sup>st</sup> – September 30<sup>th</sup>, 2017. All matches must be scheduled on your own time and must be completed in 1 hour. Matches will be sets to 6 games with a set tie breaker at 5-5. If sets are split then a match tie breaker shall be played. The ladder will be run online through [www.leaguesforfun.com](http://www.leaguesforfun.com). All challenges, scores and standings must go through the website. There will be both a Men's and Women's Ladder of mixed levels. Registration begins on May 1<sup>st</sup>. Players who join after May 28<sup>th</sup> will be placed at the bottom of the ladder. Contact Tammy Azur to register, 879-7734 x1127 or [tammya@edgevt.com](mailto:tammya@edgevt.com)

**FEES: \$25.00 /member \$45.00 /non-member** (Applicable court fees apply)



# ESSEX EDGE SUMMER TENNIS CAMPS

**Smaller courts, shorter racquets and balls that bounce lower. Now, it's easier for kids to play the game and develop a love for the sport right from the start!**

All of our camps are a 1:6 pro to camper ratio. Camps are taught by certified tennis professionals who are trained to teach proper stroke technique to kids of all ages. Campers will learn basic technique for groundstrokes, volleys, and serves. Higher level camps will work on more advanced skills, spin development and tactics. All camps use a game based approach to teaching so they are fun and active, no standing in lines. Off court activities such as free swim in the indoor pool will be offered during each week.

## Orange Ball Camps – Age 6-8\*



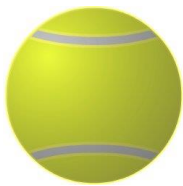
Balls bounce 50% slower than regular balls so kids can hit the ball at the right height using the correct stroke. The slower speed means more success for younger children making their experience positive and fun. Camps run 8:30am-12:30pm, Monday through Friday.

<b>Weeks Offered – All levels welcome</b>
June 26-30, July 5-7 (3 days), July 17-21, August 7-11

Camps will also offer off court activities such as swimming in the indoor pool, gym/track activities, engineering design challenges, journal writing, etc...

**\*Make it a full day camp by enrolling in Camp Edge for the afternoon for an extra \$75 for members and \$80 for nonmembers.**

## Green Ball Camps – Age 9-11



Balls bounce 25% slower than regular balls but look like a traditional tennis ball. Kids have longer rallies and hit more balls during game play. More success and confidence and lots of Fun! Camps run 8:30am-12:30pm, Monday through Friday.

<b>Weeks Offered – All levels welcome</b>
June 19-23, July 5-7 (3 days), July 10-14, July 31-August 4, August 14-18

**Camp Fees: 5 Day Week - \$200 members & \$250 nonmembers  
3 Day Week - \$120 members & \$150 nonmembers**

You can register online through [www.edgevt.com](http://www.edgevt.com) or stop by the Essex Edge Front Desk. Please contact Tammy Azur, [tammya@edgevt.com](mailto:tammya@edgevt.com) for more information.



## Essex Junior Tennis Team Summer Session Info

**June 19<sup>th</sup> – August 18<sup>th</sup>, 2017**

*Summer registration opens on May 10<sup>th</sup>, 2017*

Our program is aligned with the USTA National Tennis Pathway. The Edge of Essex has been a front runner in the USTA Champlain Valley Junior Team Tennis League for several years. Last summer our 18 and under team won the State Championship and competed at the New England Sectionals in Amherst, Mass. Great job to all our players! This program is directed by Tammy Azur, Tennis Director assisted by David Gold and Justin Pinard.

**The Age 5-6 Little Racquets Tennis Team** trains on Wednesdays from 1-2pm. This team uses orange pressure-less balls. Please see schedule for dates offered.

**The Age 7-10 Futures Team** trains on Monday & Thursday from 1:30-3:00pm. They compete in 10 & under match playdates on Friday afternoons. Match times and locations will vary week to week but the schedule will be out before the start of the season. This age group uses the Orange or Green pressure-less balls with smaller courts to enhance match play success.

**The Age 11-14 Challenger Team** trains on Monday & Wednesday from 3:00-5:00 pm. They compete against teams from the Champlain Valley League with a home & away schedule on Friday afternoons. A schedule will be provided by the start of the season. Players will be placed on the appropriate 12 & under or 14 & under team for match play competition.

**The Age 15-18 Tour Team** trains Tuesday & Thursday from 3:00-5:00 pm. Designed for high school age players looking to improve their skills and develop more advanced tactics to enhance competitive play. Players compete in the Champlain Valley League with a home/away schedule on Thursday evenings from 5:30-8:00pm.

Our Summer Team Tennis goals are for all players to have fun, learn how to play matches, work on technique and tactics to improve match play in singles, doubles and mixed doubles and to be part of a team that works together to achieve these goals. All teams are co-ed and all levels of play are welcome to participate.



## Essex Junior Tennis Team Summer Schedule & Fees

Level	Age	Day	Time	Fees per week or season	Program Code
<b>Little Racquets Team</b> All Levels!	5-6	Wednesday	1-2:00pm	Weekly Sessions: M \$15 NM \$20 Dates held: June 28-Aug 16	JTT-LR W1 W2...W3 thru W8
<b>Futures Team</b> All Levels!	7-10	Monday & Thursday	1:30-3 PM	Weekly Sessions: M \$70 NM \$85  Pay for all 9 weeks - 20% off.	JTT-FUT W1 W2...W3 thru W9
<b>Challenger Team</b> All Levels!	11-14	Monday & Wednesday	3-5:00 PM	Weekly Sessions: M \$80 NM \$95  Pay for all 9 weeks - 20% off.	JTT-CT W1 W2...W3 thru W9
<b>Tour Team</b> All Levels!	15-18	Tuesday & Thursday	3-5:00 PM	Weekly Sessions: M \$80 NM \$95  Pay for all 9 weeks - 20% off.	JTT-TOUR W1 W2...W3 thru W9

**Parent/Player Informational Meeting & Registration – May 23<sup>rd</sup>, 5:00-6:00pm**

Parents and players are encouraged to attend our informational meeting about the summer junior team tennis program. The meeting will be run by program director Tammy Azur.

Important dates:

State Tournament – July 21 & 22, 2017  
 New England Sectionals @ Harvard – July 26 & 27, 2017  
 Edge Cup Team Tournament – August 3-5, 2017  
 Individual Tournament – August 12-13, 2017

**SAVE 10% off all summer tennis team registrations from May 10<sup>th</sup> through May 31<sup>st</sup>, 2017. Save 20% if you register for all 9 weeks of the summer!**  
**Contact Tammy Azur for more information at [tammya@edgevt.com](mailto:tammya@edgevt.com).**

## Afternoon Competitive Training Camp Ages 12-18 Monday-Friday from 1-5pm



Held at **The Edge in Essex** the weeks of June 19 – August 18, 2017. This camp is for the intermediate to advanced player who is motivated to improving his or her tennis game. Camp activities will consist of on court training, match play, off court workouts, video stroke analysis, summer team practices/matches and other competitive game based drills. Register for the week(s) of your choice online at [www.edgevt.com](http://www.edgevt.com) or at the Essex desk.

Players in this camp will be enrolled on the summer team for the weeks they attend at no extra charge.

**Fees: \$275m & \$325nm per week**

### **EDGE JUNIOR TENNIS TOURNAMENTS**

#### **June 17 & 18, 2017 @ The Edge in Essex/Grand Prix Series**

Boys & Girls Singles, Age Divisions: 12s\*, 14s, 16s

USTA Sanctioned Level 7, Cost \$40.00 per player

\*12s division will use Green Dot balls. All other divisions will use a standard ball.  
Please register online at Tennislink with Tournament ID #450047517  
Contact Tammy Azur at [tammya@edgevt.com](mailto:tammya@edgevt.com) with any questions.

#### **The Edge Cup – Team Tennis Event - August 3<sup>rd</sup> – 5<sup>th</sup>, 2017**

Teams of 2 boys and 2 girls will compete in a round robin team tennis tournament. There will be a 14 & under and 18 & under division.

Match play will be boys & girls singles, doubles and mixed.

Fees: \$10 per player



